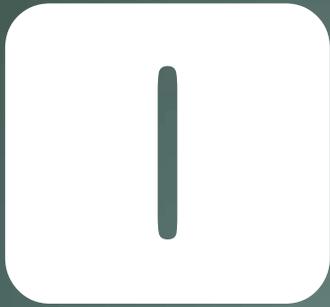


our lives



Plus:

Relationship Red Flags

Dr. Sue Gill suggests how to stay healthily together

Traditional Italian-American Cuisine

Greenbush Bar is where Madison's Little Italy lives on

Safeguarding Your Family

Tamara Packard on ways to protect your parenting rights

Madison's LGBT&XYZ Magazine

The
Ripples
Effect

PAUL WESSELMANN

In my job as a leadership trainer,
I challenge people to bring their
best full selves wherever they go:
to **work**, at **school**, in **life**.

SPECIAL FEATURE

WORKPLACE SURVEY
ANALYSIS BY **MARTY FOX**



open

Out Professional and Executive Network



INSIDE STORY: performance, biography & biology

December 4-12

A week of performances, films, installations, papers, seminars, and workshops exploring the connections between performance, biography, and biology. Featuring performances and presentations by Helen Paris and Leslie Hill, UW-Madison student and faculty and special guests Suzanne Anker, Lois Weaver, and Gretchen Schiller.

on the scent

Saturday, December 4 & Sunday, December 5
3PM, 3:40PM, 4:20PM, 6PM, 6:40PM & 7:20PM
511 South Shore Drive

the moment i saw you i knew i could love you

Friday, December 10 & Saturday, December 11
6PM, 7:15PM & 8:30PM
Hemsley Theatre, Vilas Hall | 821 University Avenue

FULL SCHEDULE: www.arts.wisc.edu/artsinstitute/IAR/parishill/
PERFORMANCES ARE FREE, TICKETS ARE REQUIRED
BOX OFFICE: 608-265-ARTS (2787) or www.arts.wisc.edu
MORE INFORMATION: 608-263-9290



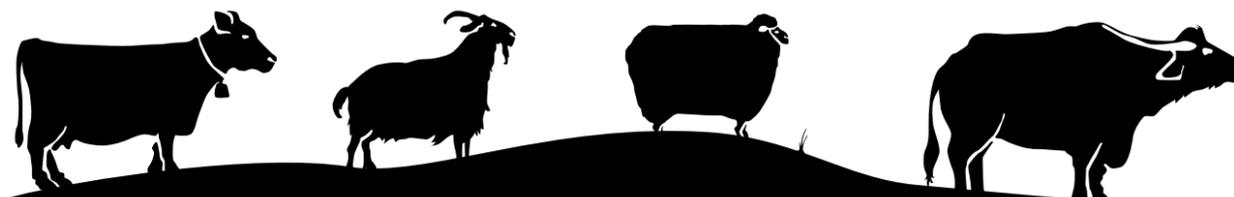
The UW-Madison Arts Institute represents the collective voice and vision of the arts at the University of Wisconsin-Madison.

This year we celebrate "Illuminate: Year of the Arts" to spotlight the breadth, depth, power, and purpose of artistic exploration and expression at the UW.

The Institute's Interdisciplinary Arts Residency Program brings innovative, world-class artists to campus for a semester long residency to teach, present public events, and participate in community outreach.



A CAREFULLY SELECTED LINE-UP
• FOR HOLIDAY GIFT-GIVING •



NO TIME LIKE THE PRESENT
Pre-order artisanal cheese boxes for your perfect companions

fromagination™

artisanal cheeses & perfect companions™

TWELVE SOUTH CARROLL, ON MADISON'S CAPITOL SQUARE • 608.255.2430 • FROMAGINATION.COM



Diversity. Supported by Oscar Mayer.

We have a long history of embracing diversity in all we do. We believe the success of our business is enhanced through a wide range of points of view, backgrounds, genders, races, ages and cultures.



Through efforts such as our Diversity Councils, we are championing diversity in our workplace and our community each and every day.

Diversity.



© 2009 Kraft Foods.

ON AIR

5:30-9a: **connie & curtis**
9a-01p: **hunter**
01p-04p: **ryan seacrest**
04p-07p: **ryan walker**
12a-530: **the kruze show**
12a-530: **dawson mcallister**

...:weekends:...

FRI 12a-6a: **jojo**
SAT 2a-6a: **boy toy jesse**
club z with **kidd leow**

CONNIE & CURTIS



z104fm.com

Features

NOVEMBER / DECEMBER 2010



20 Brave Heart
Paul Wesselmann, The Ripples Guy, shares his formula for bringing our best, true selves to all we do.



22 The State of Our Workplaces
Marty Fox looks at best and worst workplaces and breaks down the OPEN Workplace Survey.



24 Not Sicko
Richard Wagner shares evidence that post-World War II homosexuals proved themselves to be above "diagnosis."

Departments

- 6 Editor's Letter** and a Splash from **The Ripples Project**
- 7 Contributors** The faces behind our pages

Community

- 8 Our Organizers** Transguys Calendar creator Maegan Beard
- 10 Our Advocates** Rev. Ellwood Carey is OutReach Man of the Year
- 12 Our Stages** Laurie Attea is new to Madison, but not to theater
- 13 Our Pages and Poems** *Obama and the Gays: A Political Marriage* reviewed and "On Christmas Eve, Benjamin Britten's *Ceremony of Carols* Begins" by local poet Andrea Musher
- 14 Our Journeys** Rivkah Chayah Freund on her coming out multiple times
- 15 Our Prose** Excerpts from LGBTQ Narratives' publication, QUEERS READ THIS TOO
- 16 Our Artists** Dancer Kate Hewson is defying convention in order to tell her personal story
- 18 Our Calendar** Cultural, social, service and nightlife listings



Quality of Life

- 26 Our Apparel** Bonnie Raimy dresses Mario White
- 28 Our Issues** Dr. Sue Gill shares relationship red flags and how to address them
- 30 Our Rights** Tamara Packard calls attention to the hypocrisy displayed by members of our community using discriminatory laws against one another
- 32 Our Plates** Marcelle Richards profiles Anna Alberici and the Greenbush Bar of what remains of Madison's Little Italy
- 34 Our Courage** Toral Jha makes a conscious decision to embrace all of her selves and finds joy in it



Cover Photographed by: David Nevala, davidnevala.com

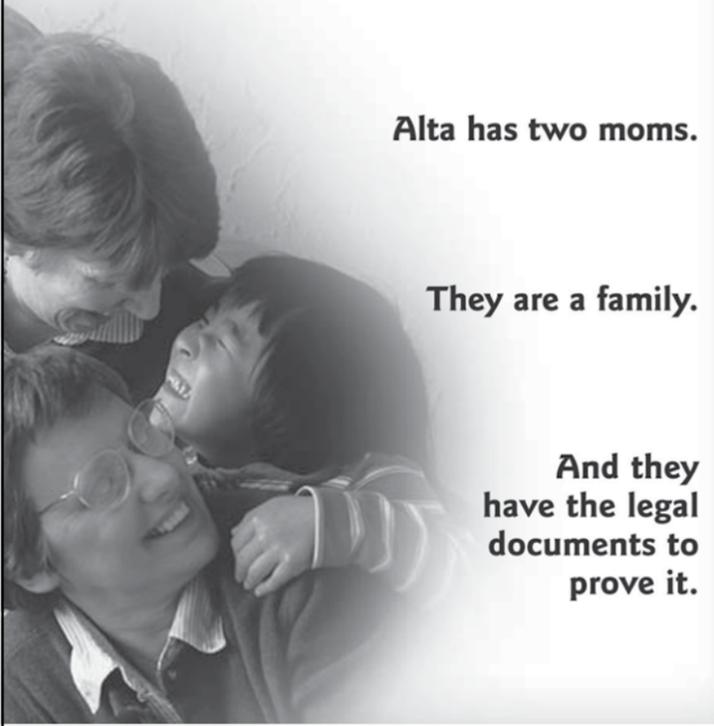


Madison's LGBT&XYZ Magazine

- Publisher / Editor-in-Chief**
Patrick Farabaugh
- Editor**
Virginia Harrison
- Copy Editor**
John Kromer
- Contributing Writers**
Tara Ayres
Ellwood Carey
Marty Fox
Rivkah Chayah Freund
Sue Gill
Toral Jha
Tamara Packard
Bonnie Raimy
Marcelle Richards
Dick Wagner
Paul Wesselmann
Karin Wolf
- Contributing Photographers**
Eric Baillies
Peter F. Castro
Steena Cirves
Melody H. Hanson
David Nevala
Paul Baker Prindle
Matt Jelinek
- Business Manager**
Ingrid Ankerson
- Advertising Production**
National Advertising Sales
Rivendell Media Inc.
- Distribution**
Margo Edge
Caroline Werner
- Webmasters**
Paul Dickey
Josh Myers

©2010 All Rights Reserved.
November/December 2010 Volume 4, Issue 3
Life in the Middle Publishing, LLC
Patrick Farabaugh & Joseph Patane,
Publishers. 215 Martin Luther King Jr Blvd.,
Box 1202, Madison, WI 53701

Any reproduction of OL: Our Lives Magazine in part or in full without the written permission of the publisher is strictly prohibited. OL: Our Lives Magazine shall not be held responsible for any claims made by our advertisers. Submission of photographs or other images to OL: Our Lives Magazine may be published without providing image credit. Appearance of any person, business or organization within photographs, advertisements, or editorial content neither implies nor infers any indication of their sexual orientation.



Alta has two moms.

They are a family.

And they have the legal documents to prove it.



the LAW CENTER for CHILDREN & FAMILIES

450 S. Yellowstone Dr.
Madison WI 53719
608-821-8200
law4kids.com

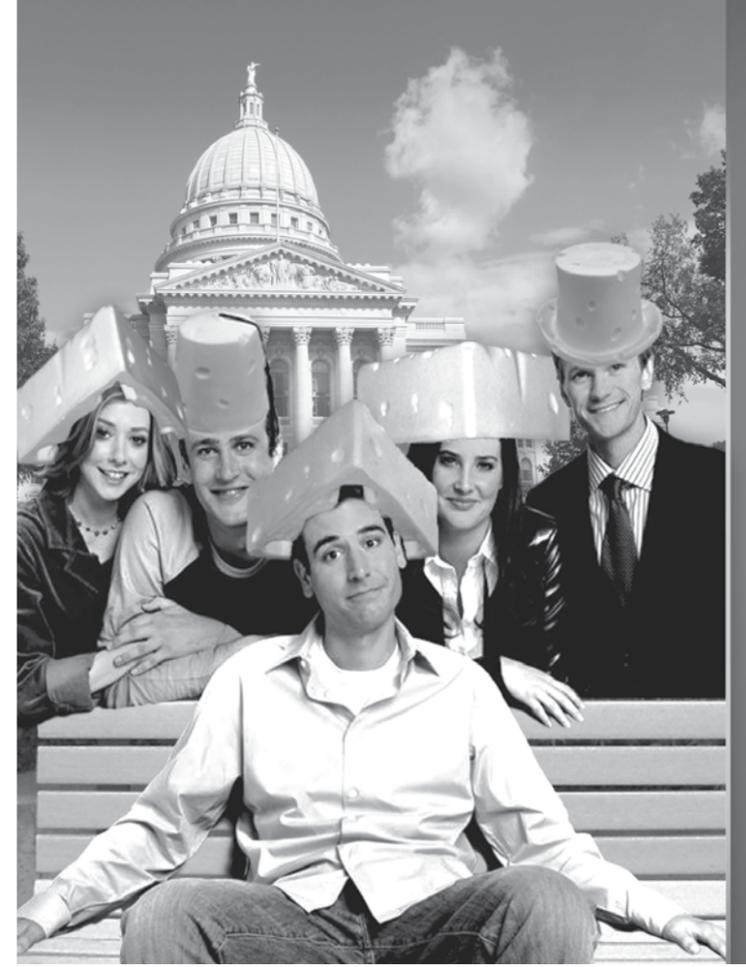
MARK GLADUE

MADISON'S REALTY SPECIALIST






mark@markgladue.com | 608-239-5593
forwardrealtygroup.com



keep on LAUGHING

but keep it LOCAL

watch it on MADISON THE CW

how i met your mother weeknights 5:30 & 6pm

Subscribe to Our Lives for FREE and have your copy mailed directly to you. Never miss an issue! Support us at: OURLIVESMADISON.COM

Let's Make It Better



The rash of teenage suicides that have happened as a result of bullying has brought the plight of LGBTQ youth to the attention of the media as well as individuals across the country. Everyone from celebrities to city council members have made their own "It Gets Better" videos (www.itgetsbetterproject.com).

But what can we do—those of us who don't need to be convinced that it gets better, those of us who already donate to **GSAFE** (www.gsaforsafeschools.org), those of us who went through this ourselves and want the bullying and humiliation to stop NOW, not after kids graduate?

Here are some resources to help you take action:

Make It Better Project (makeitbetterproject.org): takes the concept of the "It Gets Better Project" one step further, giving youth the tools they need to make their lives better now.

Groundspark (groundspark.org): creates visionary films and dynamic educational campaigns that move individuals and communities to take action for a more just world and is offering free streaming of their most important anti-bullying films and guides.

The Trevor Project (www.thetrevorproject.org): the leading national organization focused on crisis and suicide prevention efforts among LGBTQ youth

The epidemic of LGBTQ bullying/suicides can be so disheartening. But, as Paul Wesselmann (see Cover Story) has said, "We live in a world where one person can definitely have an impact, and many people doing their part can fuel hope, change minds, and improve the world for us all."

Who is better positioned than us, the readers and supporters of *Our Lives Magazine*, to set an example, inspire courage, and make a difference in the lives of our LGBTQ youth?

Let's do our part.

Virginia Harrison
EDITOR
vharrison@ourlivesmadison.com



A Splash from Paul about Productivity

Leaders must be tough enough to fight, tender enough to cry, human enough to make mistakes, humble enough to admit them, strong enough to absorb the pain, and resilient enough to bounce back and keep on moving. —**Jesse Jackson**

There is a life-affirming spark within you which constantly nudges you towards saying yes to life. Create your YES list; a list of all the things you want to say YES to, and be prepared to be amazed. —**Linda MacDonald**

The trick is to combine your waking rational abilities with the infinite possibilities of your dreams. 'Cuz if you can do that you can do anything. —**movie "Waking Life"**

If you are having a bad day, keep your eyes open for someone else's light. If you are having a good day, keep your eyes open for an opportunity to be the light for someone else. If you want to have the best day ever, keep your eyes open for both. —**Paul Wesselmann**

Are you bored with life? Then throw yourself into some work you believe in with all your heart; live for it, die for it, and you will find happiness that you had thought could never be yours. —**Dale Carnegie**

It is impossible to have a great life unless it is a meaningful life. And it is very difficult to have a meaningful life without meaningful work. Perhaps, then, you might gain that rare tranquility that comes from knowing that you have had a hand in creating something of intrinsic excellence that makes a contribution.

Indeed, you might even gain that deepest of all satisfactions: knowing that your short time here on this earth has been well spent, and that it mattered. —**Jim Collins**

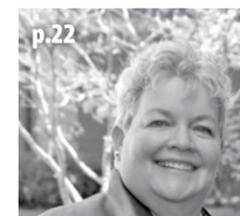
The potential of the average person is like a huge ocean unsailed, a new continent unexplored, a world of possibilities waiting to be released and channeled toward some great good. —**Brian Tracy**

Ripples is a weekly inspirational email blast. Learn more at TheRipplesProject.org



David Nevala works for clients like Planned Parenthood, Organic Valley, and The Literacy Network. Currently, sleep deprivation is heavily influencing his work, in a mostly positive way, after the recent arrival of his son, August. Along with his son, David lives with his partner Marta, dog Winnie, and four chickens on the near east side of Madison, Wisconsin. You can view his work at davidnevala.com.

Marty Fox is retired from Alliant Energy where she was Executive Director of the Alliant Energy Foundation. While working at Alliant she organized the Alliant Energy Pride organization and worked on corporate diversity issues. She is currently President of the O.P.E.N. board and the Treasurer of the GSAFE board. She enjoys spending time with her wife, Catherine, their five adult children, one very special grandchild, and her dog, Lily.



Kristina (Kiki) Kosnick is the facilitator of LGBTQ Narratives, a queer activist-writers' group she started in collaboration with OutReach and with funding from U.W.-Madison's Center for the Humanities. Kristina is an instructor and Ph.D. candidate at the university, where she is writing her dissertation on contemporary queer women's writing in French. Kristina was named OutReach's Woman of the Year for 2010. To read work by members of LGBTQ Narratives, check out *Our Lives'* new Our Prose column.

Eric Baillies is a photographer who after working in numerous cubical jobs, decided to pursue his life long passion—photography. He shares a photo studio with long-time photographer Eric Tadsen who has aided him in professional education and experience.



When Eric is not taking pictures, you can find him coaching soccer in De Forest, running, doing yoga, or preparing for his next exhibit at Gary's Art & Frame where he works part time. For more information, go to elitevideophoto.com or ericbaillies.com.

Please Welcome New Advertisers:

- 2 UW Arts Institute
- 6 Candinas Chocolatier
- 9 GayRealEstate.com
- 13 National Mutual Benefit
- 23 Think Ink & Design
- 25 Handyman Matters
- 27 Madison Concourse Hotel

To advertise, contact us at: OURLIVESMADISON.COM



Quigley
Decks & Fence

Relax in your backyard.

- Decks • Fences • Pergolas •
- Garden Structures • Cedar Siding • Cedar Garden Sheds
- Stainless Steel Cable Rail

Tim Quigley • 608.577.4277 • quigleydecksandfence.com

LIZ LAUER

WWW.LIZLAUER.COM



YEARS IN BUSINESS: 12
SPECIALTY: Residential sales in Madison and surrounding communities.
FAVORITE MADISON ICON: UW Lakefront Terrace
WHY YOU SHOULD CALL ME: You deserve exceptional service and powerful results on your next purchase or sale. Top 1% of sales in Dane County since 2001.

Bunbury Realtors • 608.444.5725 • liz@lizlauer.com



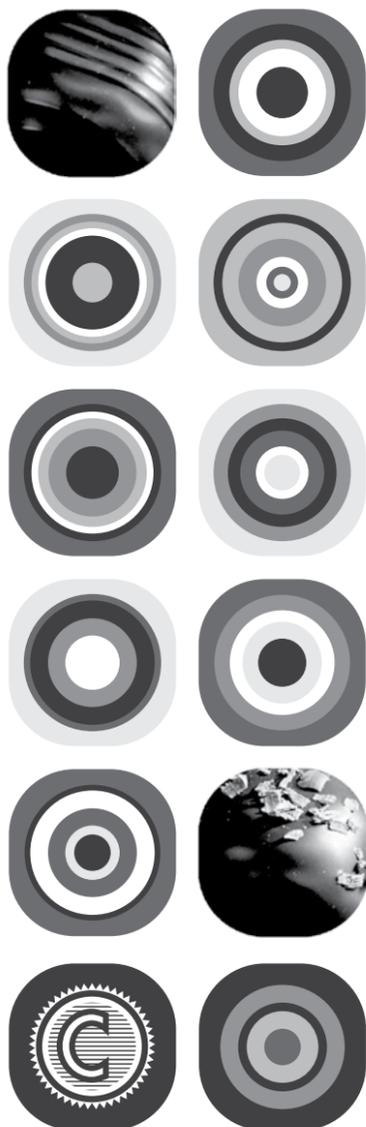
Kinsley Associates

- Accounting
- + Bookkeeping
- + Tax
- + Payroll
- + Property Management
- + Business Consulting
- + Engineering

Madison:
Office (608) 233-7260

Ricelake:
Office (715) 296-8156

www.KinsleyAndAssociates.com



Melts in your mouth
and in your hands.

CANDINAS
CHOCOLATIER

608.845.1545
www.candinas.com

2435 Old PB
Verona, WI 53593

11 West Main Street
Madison, WI 53703



Do you include LGBT media in your marketing plan?

Why You Should:

It's well-known that the LGBT community has a level of discretionary **income above other traditional markets**. Our buying power is a form of our activism. We prefer to support business that supports us.

If you haven't considered including LGBT media in your marketing plan, now may be the time. *Our Lives* is possibly the only media in the area that **showed significant growth in 2009 and 2010**.

As most other media in the area buckled in the recession, we thrived. That trend is continuing into 2011 as **we begin to print more copies** to meet a growing demand.

Our Lives Demographics

To request a copy of our market research report (100+ pages), contact the publisher at pfarabaugh@ourlivesmadison.com. Please put **Our Lives Market Research** as the subject of your e-mail.

Total Respondents	566
Sample Demographics Include...	
Median age	42
In relationships and living together	55.3%
Have a bachelor's degree or higher	77.8%
Have children under age 18 living in home	10.8%
Approx. annual household income	\$75,000
Earns \$50,000 or more per year	61%
Is mid to senior level management at work	57.6%
Owns a single family home	59.0%
Rents an apartment	38.1%
Sample Key Findings Include...	
Probably/Definitely want to get married	64.6%
Already are married	15%
Will take a major vacation in 2011	28.7%
Will make a significant furniture purchase in 2011	18.1%
Will buy an automobile in 2011	15.5%
Will attend an LGBT political fundraiser	43%
Will spend at least \$100 per month on their pet	40.4%
Attend the Opera/Ballet/Symphony at least once a year	52.4%
Works out 3+ hours per week	54%
Cycles on a regular basis	41.2%
Spends \$20+ weekly in restaurants	83.8%
Spends \$50+ weekly in restaurants	47.8%
Consciously eats healthy daily	57.6%
Owns their car	85.8%
Took 1+ round trip flights in the past year	70.5%

community

Transguys Calendar

One woman's solution to the feeling of helplessness over a medical system that leaves so many behind.



Who are you and where are you from?
My name is Maegan Beard. I am originally from North Carolina and currently live in Winston-Salem, NC.

How did you come to create the Transguys calendar? My best friend was born female, but mentally he was always male. He went through some very dark times trying to reconcile the inconsistencies in his life. One day, in an attempt to find some explanation for his feelings, he began researching online and eventually stumbled across the YouTube video of a transman who was documenting his experiences with transitioning. Instantly, he felt he had found his answer. He says the day he had top surgery was the happiest day of his life, and since then he has felt a freedom he didn't think possible. But top surgery was just the first step. He still isn't completely male physically, and he desperately wants to continue the process of a full transition. One night at 3 AM., my friend called me, depressed at the idea that he might be facing many more years of living life "incomplete," without the ability to pay for more surgery. It was the first time in eight years I had heard my strong, vibrant, eternally optimistic friend start to sound defeated. It broke my heart. Because of the social climate where we live, I knew we would need to do something that would allow him to work behind the scenes and allow someone else to be the public face and contact person. Months before this late night phone call, my friend and I had joked around that we should make a calendar of him and other attractive transmen for fun. Lying in bed that night unable to sleep, I came back to the idea of the calendar, and it occurred to me that it could just possibly be the answer. It could be a fundraiser, and it could help raise enough money for the surgery he needs.

To advertise, contact us at: OURLIVESMADISON.COM

OUR ORGANIZERS



Immediately we felt like we had found our calling. We began emailing anyone we thought might be interested just to drum up support, and by the end of the week we had a website, a Facebook page, a plan of action, volunteer models and photographers lining up, and a ton of individuals and organizations willing to help in whatever way they could. It took off very quickly, which told us there was a true need for what we were trying to accomplish, and real interest in the project.

What is your fundraising goal? Our goal in fundraising is to raise \$10,000 in the first year to completely pay for one person's SRS surgery. To do that, we are selling advertising space both on the calendar and our website, and selling copies of the printed calendar. We are also taking donations of any amount through the website for people who want to contribute in that way. Future goals involve raising enough money to pay for more than just surgery—hormones, binders, STPs, packers, and other things trans people need to live comfortably until they can have surgery, or to live comfortably even if they opt not to have surgery. We would also like to extend the project to help transwomen as well as transmen, and we have plans to do a calendar of each next year.

What is your hope for the future of the project? Ultimately, we'd like to be able to develop the project into a charitable foundation to provide a central resource for trans people in need of funding for things not demed medically necessary but which are vitally necessary psychologically. People will be able to apply for grants on a sliding scale, much the way your local health department would determine how much you pay for a vaccination or a prescription. We want to help trans people anywhere in the world pursue the happiness we feel everyone is entitled to.

How people learn more about the calendar project? Go to thetcal.org.

To subscribe, sign up at: OURLIVESMADISON.COM

GayRealEstate.com
FREE!
Instant Access to Madison and the Nation's Top Gay & Lesbian Realtors.
 Choose Your Perfect Agent Online:
GayRealEstate.com
 Toll Free:
1.888.420.MOVE (6683) **SOLD**

KNOW TODAY

Results in minutes with rapid HIV testing

FAST, FREE, CONFIDENTIAL HIV TESTING AT:
 2222 S. Park Street: 608-261-9256

Planned Parenthood of Wisconsin, Inc. | ppwi.org

LIKE MOVIES?
 we do, too.

Specializing in foreign-language, documentary, anime, LGBT, local and independent films

Your business keeps us in business - Thank You! **★★★★★**

Four Star Video Heaven

315 N. Henry -Just off Johnson & State Street, downtown Madison
 (608) 255-1994 www.fourstarvideoheaven.com



Journey to Integration

Ellwood Carey's personal story of becoming a whole person, and eventually Outreach's 2010 Man of the Year.

The light on the phone was blinking telling me I had a message. Another telemarketer, maybe, or someone soliciting for a worthy cause. It turned out to be neither, but rather Harry Straetz reporting that I had been selected as Outreach's Man of the Year, which was a complete surprise, but then one does not campaign for such honors.

The call prompted me to review my life, which began in a small town in northeastern Pennsylvania where I was raised by my grandmother. She operated a boarding house for men who worked either for the railroad or highway construction companies. She began working as a domestic at the age of six; consequently, she lacked formal education, but did not lack a strong work ethic and sense of self—values she expected of me.

She exhibited attitudes that were often unexamined and based upon ignorance, but commonly held by other people, as well. I was taught to cross the street if I saw a black man because he might have a knife. What a horrendous thing to teach any child! My home sex education consisted of being taught not "to play with myself" because I would lose my mind. Hmmmm, I did and yet ended up with a pretty good mind.

It was out of this childhood home where no one went to church that I found the church. Every Sunday, another uneducated woman, Mildred Merson, walked by our house with her six children on their way to the Presbyterian Church. One day she invited me to join them, and I did—not knowing what a profound effect it would have on my life.

That congregation embraced me and provided me with a spiritual home where I knew I was loved and accepted. The church gave me a sense of family and impacted my life's choice of a career. In 1954 I was ordained to the ministry of the Presbyterian Church, becoming the first person in my family to complete high school, let alone go on and earn a Doctor of Ministry degree.

The Church taught me that God loves me and all people, and it is my intention to hold the church accountable to that truth.

This might explain why the community of faith is such an important part of my life, but it saddens me to see how Jesus's message of unconditional love is turned into a spirit of judgment and arrogance by many who claim to be Christians.

As I became an adult, I did what was expected of every man: I dated women. I fell in love with a wonderful woman, Ruth, and we became the parents of two sons, Scott and David. I cherish this aspect of my life and am grateful that I have been able to have this relationship.

In 1972, I came to another fork in the road when I had to face the reality of my homosexuality. I was propositioned by another man but did not respond to his invitation; nevertheless, it started me on a journey of self-examination that led me to confront the truth about my sexuality.

It was painful to share this with my wife, but her amazing understanding and spirit were gifts that I could not have anticipated. My experience stands in sharp contrast to many stories I have heard in support groups for gay fathers in Albany, NY, and Madison. She encouraged me "to do what I needed to do to work on the issue."

I sought professional counseling and after a six-month experience, I knew that I could not live a dual life. My marriage ended in 1983, and two years later I moved to Madison. When I became Pastor of Parkside Presbyterian Church on Madison's eastside, I did not know how open this city was to folks like me.

My coming out to my family was both necessary and painful; however, we often have to face difficult decisions that ultimately contribute to our wholeness. Coming out was an integrating experience, whereby all aspects of my life were brought together in the affirmation that God created me as I am and intends for me to have a full and happy life.

When I discovered that I am gay, I could have rejected the church, which has had a stance of rejecting persons like me; however, the Church taught me that God loves me and all people, and it is my intention to hold the church accountable to that truth. I am engaged in an educational venture to assist the congregation where I worship to become more open and inclusive, and I am encouraged with the progress. My denomination is on the threshold of removing its homophobic standards—which is past due!

I could be angry with my parents who divorced when I was a year old, angry with the educational system for not helping me understand the full range of human sexualities, angry with the church for its lack of understanding and conversation with gay folk, but that would only leave me frustrated. It took me almost 50 years to understand who I really am, so I am willing to cut some slack for others as long as they are working on the

issue of becoming more just and fair in the treatment of all people.

I believe we have to use our experience for the good of others, and I have found many avenues to give expression to that belief. It is a privilege to serve on the Board of Directors of East Madison Community Center, the Board of Directors of the New Harvest Foundation, and to engage in various aspects of HIV/AIDS training.

HIV, which is not a gay disease, affects all classes of people and it is my passion to share with others factual information, hoping they will let that inform their behavior. Under such circumstances no one would become infected. Along with Marge Sutinen, my mentor, I teach prevention training for the AIDS Network, local schools, some classes at the University of Wisconsin, and have made two trips to South Africa for training there.

Life has been a joy and the opportunities for service to others are a necessity in my worldview. There are many challenges confronting us and too many of our brothers and sisters experience rejection, but the words of Albert Camus give me hope, "In the depth of winter I finally learned that there was in me an invincible summer." ■

The 2010 OutReach LGBT Community Center Awards

The eighteenth annual awards banquet was held on September 24, 2010, at the Monona Terrace in Madison. The nearly 400 attendees were treated to entertainment from hostess Cass Marie Downing, piano from Terry Waters, line dancing from the Dairyland Cowboys and Cowgirls, and choral music from Perfect Harmony Men's Chorus.

The following is a list of award recipients and excerpts from the awards program:

Outreach Volunteer of the Year: Caroline Werner

Caroline was honored for her incredible effort in organizing 17 different presentations from June through December 2010 at OutReach and the Madison Senior Center to inform LGBTQ seniors and their support network about services available in Dane County.

Organization of the Year: Perfect Harmony Men's Chorus

Through music, PHMC enriches the lives of its members, the LGBTQ community, and the community at large, and provides a visible presence and positive voice in and for Madison's GLBT people.

Susan Green Woman of the Year: Kristina Kosnick

"Kiki" was recognized for her ground-breaking work in creating the LGBTQ Reading, Writing and Relating Narratives Project at Outreach. The project seeks to provide a forum for LGBTQ people to write, share, collect, and publish personal narratives and has served as a launching pad for community education/networking, youth outreach, and "personal is political" activism.

David Runyon Man of the Year: Rev. Ellwood "Woody" Carey

Woody has been a very active and vocal supporter of LGBTQ rights and is probably best known for his tireless work on behalf of people affected by HIV/AIDS, and for providing pastoral care to those living with the disease.

Board of Directors Special Recognition: Jessie Otradovec

Jessie was honored for her strong activism in support of LGBTQ people and her commitment to making the world a better place for everyone, including her tenacious advocacy and organizing for equal marriage and equal rights.

Courage Award: Cass Marie (Domino) Downing

Cass was honored for her determination over the last year to maintain her public role as an entertainer and AIDS Network fundraising hostess in the face of some significant personal health challenges. With characteristic grace, energy, and warmth, she exemplifies the qualities of the human spirit from which we can all take hope in the face of adversity.



I'll find savings your mouse can miss.

Jim Hartman Ins Agcy Inc
Jim Hartman, Agent
McFarland, WI 53558
Bus: 608-838-4171 Fax: 608-838-0441
jim@jimhartman.com

Get a **Free** Discount Double Check™

Finding the car insurance discounts you deserve could end up saving you hundreds. Like a good neighbor, State Farm is there.®

CALL ME TODAY.



1003056 State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL

PROMOTING EQUALITY AND QUALITY OF LIFE FOR LGBT PEOPLE

OutReach

LESBIAN, GAY, BISEXUAL, TRANSGENDER COMMUNITY CENTER
PROUDLY SERVING MADISON AND SC WISCONSIN'S LGBT COMMUNITY FOR OVER 30 YEARS!

OUTREACH SERVICES INCLUDE:

- RESOURCE IDENTIFICATION AND REFERRAL
- SOCIAL AND SUPPORT GROUPS
- LARGE LENDING LIBRARY
- SPEAKER'S BUREAU
- EDUCATIONAL WORKSHOPS
- OUTTHERE (18 TO 24 YEAR OLD PROGRAM)
WWW.OUTTHEREMADISON.ORG
- SENIOR ALLIANCE PROGRAM

HEALTH PROGRAMS: TOBACCO CESSATION, AODA, MENTAL HEALTH, DOMESTIC VIOLENCE
TRANSGENDER HEALTH
(WWW.GENDERWELLNESS.LGBTOUTREACH.ORG)

2011 DIRECTORY PREP HAS BEGUN!
CONTACT OUR PUBLICATIONS DIRECTOR FOR MORE INFO!
BRIANP@LGBTOUTREACH.ORG

OUTREACH 3RD ANNUAL HALLOWEEN PARTY, OCTOBER 30TH, GO TO OUR WEBSITE FOR INFO!

OUTREACH IS A PROUD FISCAL SPONSOR OF:

- PROUD THEATER
- MADISON AREA TRANSGENDER ASSOC.
- AFRICAN AIDS FUND
- LGBT BUSINESS ALLIANCE
- WI BOOKS TO PRISONERS
- OUTREACH DIVERSITY COMMITTEE PRESENTS LATIN GAY NIGHT@THE CARDINAL EVERY MONTH!



WWW.LGBTOUTREACH.ORG

600 WILLIAMSON ST, MADISON WI, OPEN MON - FRI: 10AM TO 7PM, SAT: 12PM TO 4PM, (608) 255-8582

Subscribe to *Our Lives* for FREE and have your copy mailed directly to you. Never miss an issue! Sign up at: OURLIVESMADISON.COM

To advertise, contact us at: OURLIVESMADISON.COM

Spotlight by StageQ Artistic Director Tara Ayres



I'm drawn to the kind of plays that community theater does. I've done professional and community theater, and it's the work that interests me, not recognition.

Well-traveled, Well-rounded

Stage director **Laurie Attea** is a versatile addition to Madison's community theater scene.

Laurie Attea's love of and commitment to community theater developed after years of involvement with professional theater. A fairly recent arrival to the Madison area, Laurie directed this fall's production of "Last Summer at Bluefish Cove" at The Bartell and serves on the Artistic Committee for StageQ.

"I'm drawn to the kind of plays that community theater does. It is affordable, and it exposes lots of people to unheard voices," she said. "I've done professional and community theater, and it's the work that interests me, not the recognition."

Laurie was raised by a mom who planned to be an actress. She and her twin sister were both in the chorus of their Buffalo, New York high school's musicals, and while both were drawn to theater, neither saw themselves as performers.



Susan Carmell, Sarah Karon in StageQ's "Last Summer at Bluefish Cove."

While Laurie knew that she wanted to be involved with theater, she started college not knowing where she wanted to place her focus, other than the fact that she didn't want to act. So, she tried everything and ended up with a really well-rounded background.

Laurie tried lighting, but she was always afraid that she was going to electrocute someone. She did set design and costumes, but didn't love that. She was planning on going into arts management or stage managing, but she took a couple of directing classes and she was hooked. Laurie earned an MFA in directing from U.W.-Madison and then landed a directing internship at the Wisdom Bridge Theatre in Chicago. Bob Falls came to see a scene that Laurie directed, and cast one of her actors in "Gallileo" at the Goodman Theatre in Chicago.

Laurie stayed in Chicago and stage managed and directed. Always interested in original theater, she and her partner, Lauren Love, started a troupe called Theater Praxis, which specialized in developing new, local work. Laurie also worked with the Bailiwick Repertory Theater, directing "The Well of Horniness," the first Lesbian play in the Bailiwick Pride series.

Laurie and Lauren moved to Minneapolis for a few years while Lauren worked on a Ph.D. in theater. Laurie got involved with Outward Spiral, and directed "Brave Smiles" for them. While in Minneapolis, Laurie started taking classes in digital media for fun, and ended up with a degree in multimedia and video production, which is what she still does for a living.

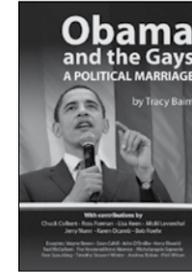
When she moved back to Chicago, Laurie got involved again with the Bailiwick, becoming an assistant artistic director when she took over their "Second Sex" series at the Bailiwick. She directed "Brave Smiles" for them, too.

Laurie directed the first production of "Hannah Free" at the Bailiwick. Then playwright Claudia Allen invited her to work on casting the movie version of "Hannah Free." Laurie became one of the assistant directors.

Of that experience, Laurie said, "I like actors and have a good rapport with them, so I tried to keep everybody calm and keep things moving. I was basically the set stage manager for Hannah Free, which was interesting since I'd never been on a film set before. I was also the liaison between the actors and the set. It was a difficult job, balancing people's needs, but it was a lot of fun."

Audiences are lucky that Laurie chose to direct instead of act, because the vision and dedication that Laurie brings to stage directing is impressive. These days, you'll find Laurie hard at work on the new StageQ season selection for 2011-12 and helping choose short play submissions for Queer Shorts 6. ■

Obama and the Gays: A Political Marriage by Tracy Baim



Obama and the Gays: A Political Marriage is a new book by long-time Chicago-based journalist Tracy Baim. It presents an in-depth look at Obama's trajectory on gay issues, and is available in print-on-demand through amazon.com and at createspace.com/3481486, and on e-readers.

Baim, co-founder of *Windy City Times* newspaper, has compiled documents, photos, and interviews with Obama for a close look at how his views on LGBT issues have changed over the years, as well as the accomplishments and stumbles of his presidential administration. In the first book ever published on this important topic, Baim is joined by some of the most respected LGBT journalists, bloggers, and activists from around the U.S.

Obama and the Gays presents a clear, lively, in-depth review of Barack Obama's policies on gay issues, from the early days of his political career through his meteoric rise to prominence—all in the context of the political landscape of the times—and examines the role the gay community has played in Obama's victories. The book also documents the actions and reactions of influential gay organizations and gay community leaders to Obama's speeches, positions, and decisions that directly affect the lives of LGBT citizens. ■

ANDREA MUSER is an associate professor in the English Department and the Department of Women's Studies at U.W.-Whitewater. She served as Madison's Poet Laureate from 2001-07. In her croning years to come, she hopes to paint more, write more, and sing more.



ON CHRISTMAS EVE,
BENJAMIN BRITTEN'S CEREMONY OF CAROLS BEGINS

on the radio—airy arcs of cathedral stone lifted aloft by
the voice of the boy soprano
achingly lovely
its gold of grapes left on the vine
plucked and pressed just before icy ruin
so that you taste ripeness and transparency there at desire's edge
the clarity of water before you step in
nowadays, all of this can be recorded and played
again and again—though once upon a time castrati were made
to capture the sound not meant to stay
with a boy who would grow
and I wonder about this season's praise for the child of God
when all of us are that child
all of us being born to die and to live with the lovely aching tremolo
of transient being
the bud and the blossom in the voice
of the boy soprano

Our Lives is **ACCEPTING SUBMISSIONS** of original, previously unpublished poetry by Madison-area poets. We invite contributions that represent our diversity including: gender and gender identity, sexual preference, racial and ethnic heritage, allies, emerging voices, and poets—young and old. Poems should be no longer than 20 lines. When submitting, please indicate any special group(s) you may represent. This will assist us in selecting works that represent our diverse community.

We specialize in helping people build a secure financial future.

- Life Insurance
 - Disability & Health*
 - IRAs, Annuities
 - Final Expense Planning
 - Estate Preservation
 - Retirement Planning
 - College Funding
 - Long-Term Care*
- * Products and services provided through our brokerage outlet.

Nancy Speir
District Representative
Madison Agency
608-836-1922
608-332-7715
nspeir@nmlife.org



NATIONAL MUTUAL BENEFIT
A Fraternal Life Insurance Society
HOME OFFICE - MADISON, WI 53719
www.nmlife.org

Serving the LGBT community for over 30 years

A Room of One's Own



A Room of One's Own Feminist Bookstore
307 West Johnson St., Madison, WI 53703
608/257-7888 room@chorus.net
www.roomofonesown.com

don't just join.
belong.

Our **VISION** is a strong community where LGBTQ leaders are a significant catalyst for growing the capital region.

Our **MISSION** is to connect and create leaders through:

- Professional Development
- Educational Outreach
- Networking Opportunities
- Mentoring Programs & Relationships

Visit us at openmadison.org and get involved!

 **open**
Out Professional and Executive Network

Coming out as gay, then trans, then Jewish

The gender journey of Rivkah Chayah Freund

ao Tzu once said that a journey of a thousand miles begins with the first step. My first earthly step began in 1954 with my birth in Appleton, Wisconsin. Throughout my early years I knew that I was different, and I was uncomfortable in my skin. I was born deaf in one ear, which increased that feeling of difference and made it harder to fit in socially. On many levels, I was a black sheep from those earliest beginnings!

Closeted in School

By late elementary school I knew I was attracted to boys, but it was clear to me from the virtual silence around the subject of sex in general and homosexuality in particular, that there was something hugely taboo about who I was becoming. There were no computers, no Internet, no LGBT newspapers or magazines in those times and in that place. There was no LGBT community, and there were no role models in the media. In junior and senior high school I felt immensely uncomfortable and out of place in the gym locker room. College and graduate school found me stuck deep inside the closet where I felt relatively safe and anesthetized from the rigors of being different in a world that places supreme value on conformity.

Marriage and Parenthood

In 1979, at age 25, I moved to Madison. I continued trying to come out, still thinking I was gay. I was isolated and afraid. In 1981 I married a woman I'd known since college, thinking my intense feeling of being different or queer would go away. It didn't. My son was born in 1991. His birth was a radical, revelatory awakening for me and I knew that the only way I could ever hope to be a good parent for him would be for me to come out and live my life authentically.

Self Examination

By January 1992, I started writing a series of letters to myself reflecting on my history of feelings for men in my life. These letters were contained in my briefcase and one night when I was away, my very young son happened to pull out the brief case by the couch and it opened. My then-wife picked up the papers and began reading. A divorce ensued and the times were tumultuous. However, I also felt elated in being more myself for the first time in my life after 38 years in the closet.

Sex Reassignment Surgery

Within six months of coming out as gay, I began exploring gender

identity and started expressing as a woman. By 1994, I was starting on my gender journey through the Pathways Counseling Center of Wauwatosa, and in 1996 I had sex reassignment surgery in Montreal.

Supportive Parents

Immense and terrifying changes occurred during this time of fabulous personal growth and exploration. My career came apart and my parents succumbed to cancer in quick succession soon after my surgery. I came out to them, and they had a rocky start with the news but came around quite quickly and joined PFLAG. My parents were so deeply loving and supportive of me through this whole period of joy and upheaval. Just before my dad's death, he said to me, "Becky, you are a very beautiful daughter." They also bought me a heart-shaped locket shortly after I came out to them the second time as a trans-woman. They are models of how all parents of LGBT children ought to act toward their children.

A Search for Spiritual Meaning

My experience of my parents' end-of-life journeys led me to a search for spiritual meaning that eventually led me to move to Minnesota to attend seminary. United Theological Seminary of the Twin Cities is one of the few seminaries in the nation where LGBT people are members of the staff, faculty, and student body. One other student (a trans-man) and I started exploring Judaism.

Conversion to Judaism

I set foot in a synagogue for the first time while living in San Francisco. My spiritual life had become like a valley of dry bones, and years of struggle in Christendom had not worked out for me. My conversion to Judaism was guided at Congregation Sha'ar Zahav by then-rabbinic intern, Reuben Zell-

man, a trans-man—the first to be accepted as such into rabbinic school anywhere in the world. My process carried over to Madison when I returned in 2009. I've settled at Beth Israel Center and am completing conversion with Rabbi Joshua Ben-Gideon. I have chosen Chayah (Hebrew meaning "life") as my middle name. Rivkah is Hebrew for Rebecca.

My life has been a journey of many transformations. It has been a hard life living in a world that does not well appreciate change and difference. Still, it has been exhilarating and revelatory because I have found my authentic self, and I will continue to be an agent for change and acceptance of transgender people. ■



Subscribe to *Our Lives* for FREE and have your copy mailed directly to you. Never miss an issue! Sign up at: OURLIVESMADISON.COM

QUEERS READ THIS TOO

LGBTQ Narratives presents excerpts from their zine.

The following prose is taken from a zine entitled **QUEERS READ THIS TOO**, produced by Madison's queer activist-writers' group, LGBTQ Narratives. **QUEERS READ THIS TOO** is a response to *Queers Read This*, a leaflet published anonymously by queers in 1990. In responding to the original text, members of LGBTQ Narratives signed our names collectively as an analogy for our willingness to share the weight of one another's stories and struggles.

I wonder how I ever lost my voice, or maybe it was a matter of finding it. These words speak for all the times I wish I could have spoken up. How many times over are these encounters echoed and mirrored in others' lives?

I hate how I'm asked to keep things quiet at extended family outings while my sisters can go on and on about their newest boy toys, and my little brother can talk about how he's recently discovered girls. Why can't I talk about my stuff? I hate how I'm asked to hide who I am. Heaven forbid I even mention how cute the sportswoman is, goddamn!

I'm an old Lesbian. The LGBT community is my family. For many of us, community is family. But are we really a "community" or are we more of a "population"? Will the "community" be there for me when I'm old as a traditional family might be for a parent?

Every year, there was a spelling bee. Every year, we all competed. The line was down to three students, including me. The teacher looked at his sheet of words, got an evil smile on his face, looked at me, and said, "Masculine." The entire class erupted with laughter, including the teacher.

We are vile. We are unworthy. We are better off dead. So, we are bombarded day after day with these messages, and the really fucked-up part is that we often don't question them, so we can be pretty sure that no one else is questioning them either. The double-fucked part is that these messages are reinforced by both those we love and who presumably love us, and by the randoms in the world.

It has been two years since her murder, five years since I first witnessed someone trying to take a piece of her in language, by destructive targeting of the very words she chose to employ to become who she wanted to be in the world. To me, all of these violences are connected.

I fucking hate the fucking society that condones this shit, that adds to the normal stress that already comes with "normal" life and makes the support system for me and the woman I love shrink down to the size of our own bruised bodies.

Don't tax me without representation. Don't penalize me with your unfair laws. Don't ask me to go back in the closet. Don't censure me. Don't ask me to "don't ask, don't tell." Silence does kill. I will march in the streets, vote with conviction, boycott with my dollars, and contribute my energy to the causes and people who love with an open heart.

Contributors:

Mark R. Albright, Caissa "CC" Casarez, Erin Doolin, Jenny Hanson, Kristina "kiki" Kosnick, Linda Lenzke, Marcelle Richards, Caroline Werner

To download a copy of **QUEERS READ THIS TOO** or to share your stories, find us at lgbtqnarratives.blogspot.com, write to lgbtqnarratives@gmail.com, or contact **OutReach**, Madison's LGBT Community Center.

To advertise, contact us at: OURLIVESMADISON.COM

Providing the best care for your best friend



Madison's Premier Running Specialty Store

Berkeley
Running Company

Your Town. Your Neighborhood. Your Store.



3234 University Ave. • 608/395-BERK
Weekdays 10am-7pm • Sat 10am-6pm • Sun 11am-5pm
www.berkeleyrunningcompany.com

Gets you back where you belong.

**Proud to be a part of the
Madison Community.**

Madison is the kind of place that anyone would be proud to call home. For those of us that live here, it's easy to see why. Safe, welcoming, open-minded, affordable and vibrant. I am lucky to have the opportunity to serve the insurance needs of those that have worked so hard to make Madison a wonderful place to live.

Contact me to find out how Farmers can help safeguard your most valued assets. Auto, homeowners, renters, umbrella, life and commercial policies are all available.



**Jason Holder, Agent
Farmers Insurance**

2310 Crossroads Dr
Ste 5000
Madison, WI 53718
Office: 608-316-6004
Cell: 608-514-3447
Fax: 608-316-6095
jholder@farmersagent.com



FARMERS

Hewson in Cycropia's "Threads of Memory."



In Her Body

Emerging artist **Kate Hewson** is bending the gender stereotypes of ballet.

There is a stereotype of ballet dancers that suggests that men who dance are effeminate and therefore must be gay, and the women who dance are feminine and therefore must be straight.

Since ballet is, for many dancers, the gateway "drug" to other forms of dance, perhaps it is true that many who are drawn into the world of dance as children are first attracted to pink leotards, toe shoes, tulle tutus, and lithe bodies. Culturally, those trappings are associated with the performance of femininity. Thus, boys and girls who follow the path of the sugar plum fairy are often typecast into their futures based on traditional gender roles.

Narrow prescriptions, however, rarely fit the complexity of human expression and, increasingly, dancers like Kate Hewson are defying convention in order to tell their personal stories. In this ordinary way, by their very presence, they are subversives in the field of dance, pioneering new avenues of knowing and being.

Kate Hewson is a local choreographer, dancer, teacher, and arts administrator. She has presented over 15 original modern dance works and has performed around the Midwest and in New York City.

Hewson started dancing at four years of age, and yes, she confesses, it was the princess-like costumes that attracted her. She continued to study classical ballet into her teens, even after her family immigrated to Madison from South Africa when she was in middle school. In college, she left dance to explore other interests. By her late 20s, after completing a master's degree in Image Studies (Visual Culture) and beginning her career as an arts administrator, Hewson discovered that she sorely missed dancing.

The body, Hewson realized, has a lot of wisdom that cannot be accessed through brain activity on its own. To her, being a whole person meant engaging in the visceral experience of being embodied and connecting physicality to cerebral activity. But ballet, in addition to the physical demands that become increasingly risky as one ages (torn tendons, sprains, and joint stress that leads to osteoarthritis), did not answer all of the questions she wanted to investigate. Hewson had questions about memory and identity that she knew her body could explain in ways that her mind could not.

So, in her late 20s, Hewson re-entered the world of dance. But she entered it on her own, more experimental terms, via modern, aerial, and burlesque dance. Because of her work with arts departments at the University of Wisconsin-Madison, Hewson knew many of the professional dancers on campus. She began by studying and dancing with Li Chao Ping and Jin-Wen Yu. She also got involved with community dance groups such as Cycropia Aerial Dance and Cherry Pop Burlesque.

Her ideas of what is possible in dance expanded dramatically when she discovered the potential of moving off the horizontal dance floor and into vertical planes. Hewson fell in love with the etherealness of aerial dance while dancing with the Cycropia Dance Collective from 2000 to 2005. It was with Cycropia that she found her calling as a choreographer. In 2009, she returned to create an aerial piece for Cycropia called "Threads of Memory," which became the foundation of her thesis work when she returned to U.W.-Milwaukee to complete her MFA in Dance Performance and Choreography (2009).



Hewson's choreography aims to push the aesthetic of dance in the direction embracing women's physical power as well as same-sex relationships.

Another work Hewson created last spring is a duet for two women depicting a romantic entanglement ("Weren't You the One?"). By including images of female strength or intimacy between women in very ordinary ways, Hewson's choreography aims to push the aesthetic of dance in the direction embracing women's physical power as well as same-sex relationships. Her subtle interventions access different pieces of people's perception without being overtly political.

Most recently, Hewson, along with two other dancers, co-founded the collaborative dance company Dear Heart Dance, whose mission is "dedicated to creating multi-sensory performance imbued with a poetic vision of environmental sustainability and social justice and inspired by Wisconsin cultures, landscapes, and seasons."

Ever interested playing on the edges, in August, Dear Heart performed "Farm Dance," an original production using community performers that celebrated local foods, in such non-traditional venues as the Dane County Farmer's Market and West Star Farm. (See dearheartdance.com for information on this and links to performance video.)

What, readers may ask, is next for Hewson? Parenting will be her next big dance. Hewson and her partner Jess, who currently dances with Cycropia, will be having their first child within days of this Our Lives issue hitting the stands. It is no surprise that Hewson, who sees dance as a way of investigating her world, has danced as much as she is able through the pregnancy. Since dance is related to one's ability to control the body, pregnancy has taught her many lessons about what she can and cannot control and what her limitations are. Given her background, Hewson will likely continue to push the edges of those limits. —Karin Wolf

Upcoming Dance Performances Around Madison

If reading about Hewson's unique dance performances has whet your appetite for the art form, there is plenty of dance to check out while she is on maternity leave. Hewson highly recommends attending performances by **Helen Paris** and **Leslie Hill**, who will offer a week of public events December 4-12 as part of their semester-long residency at University of Wisconsin-Madison. Known for their experimental site-specific and video work, the couple promises to push audiences deeper with their edgy, personal, and sensory performance.

Emerging artists such as Hewson leap from the shoulders of many Madison trailblazers (such as **Dresden** and **Peckett** of **TAPIT/newworks**) and established community and professional dance troupes who have been gracing the capitol region for almost three decades. **Kanopy Dance**, one of Overture's resident professional modern dance companies, will perform **360°** November 12-14. In addition, **Li Chiao-Ping Dance** presents "**Knotcracker**" December 4-5 and **The Madison Ballet** will feature jazz musician Jan Wheaton on Feb 12 during an "**Evening of Romance**."



Dear Heart's "Farm Dance."

Subscribe to *Our Lives* for FREE and have your copy mailed directly to you. Never miss an issue! Sign up at: OURLIVESMADISON.COM

To subscribe, sign up at: OURLIVESMADISON.COM



608-213-2906
EcoBroker® Realtor®
Kim Nemacheck
As an experienced, top-producing, realtor and consultant, I am dedicated to helping our community make informed buying and selling decisions.

Mention this ad and I will donate \$100 with your closing to an LGBT organization of your choice.

kimmemacheck.com



(shōō)
mens and womens footwear

109
state street

shoostore.com

prodesign : denmark



ulla™
eyewear
Hilldale Mall

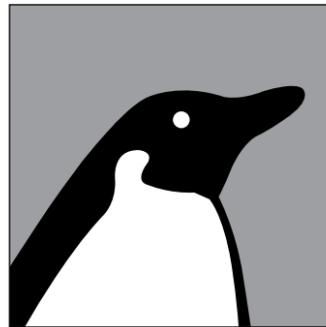
608.231.3937 • www.ullaeyewear.com

Cultural, Social, Service and Nightlife listings edited by **Virginia Harrison**



StageQ's The Dying Gaul
December 2-18
Bartell Theatre, Madison

The Dying Gaul by Craig Lucas, directed by Greg Harris, is a modern American classic about a grieving screenwriter who compromises his ideals to make a small fortune that enables him to climb from invisible poverty into the rarefied seductions and surreal beauty of the Hollywood Hills.
stageq.com



Holiday Art Fair
November 19-21
Overture Center, Madison

The Art League and the Overture Center for the Arts present the fortieth annual Holiday Art Fair, including the popular Rediscovered Art and Treasures Sale. Shoppers can browse among 100 booths in both the museum and Overture spaces. The event will present handmade gifts and gourmet treats from artists and vendors around the country.
overturecenter.com



Madison Ballet's The Nutcracker
December 18-26
Overture Hall, Madison

A crown jewel of Madison's holiday season, The Nutcracker is also the world's favorite ballet. A combination of fabulous costumes, dynamic lighting, and lavish set design are the perfect vehicle for the energetic choreography of Artistic Director W. Earle Smith and Tchaikovsky's famous score, providing a magical experience for your entire family.
madisonballet.org

ORGANIZATIONS

A representative sampling

AIDS Network
600 Williamson St., Madison (608) 252-6540
aidsnetwork.org

Bowling Out Loud
beckwith.matt@yahoo.com

Dairyland Cowboys and Cowgirls
dcandc.org

Fair Wisconsin
122 State St., Madison (608) 441-0143
fairwisconsin.org

Frontrunners/Frontwalkers
personalpages.tds.net/~tmcdurg

Gay/Straight Alliance for Safe Schools (GSAFE)
301 S. Bedford St., Madison (608) 661-4141
gsaforsafeschools.org

Gay Softball League
ssblmadison.com

Gay Volleyball League
madisongayvolleyball.com

Hermanos Latinos
sneal@aidsnetwork.org

Lez In Color Yahoo Group
LezInColor@yahoo.com

Lez Talk Yahoo Group
leztalkmadison@yahoo.com

LGBT Business Alliance
madisonbusinessalliance.com

Madison Gay Hockey Association
madisongayhockey.org

Madison Minotaurs Gay Rugby
minotaursrugby.org

New Harvest Foundation
newharvestfoundation.org

Out Professional and Executive Network (O.P.E.N.)
openmadison.org

OutReach Community Center
600 Williamson St., Madison (608) 255-8582
lgbtoutreach.org

PFLAG - Parents, Families and Friends of Lesbians and Gays
(608) 848-2333
pflag-madison.org

Perfect Harmony Men's Chorus
perfectharmonychorus.org

StageQ - Madison's Queer Theater
stageq.com

UW - Madison LGBT Campus Center
800 Langdon St., Madison (608) 265-3344
wisc.edu/lgbt

Wisconsin Rainbow Families
wirainbowfamilies.com

September 24 | OutReach Awards Banquet



October 9 & 10 | New Harvest Foundation Art Auction



our lives



Did You Know??

In focus groups and other consumer research conducted by Prime Access over the past 15 years, gay and lesbian consumers, regardless of geography, report a strong preference for advertising and other marketing communications that address them directly and portray them openly for who they are and how they live their lives. They consistently find this targeted advertising the most arresting, persuasive and memorable of all the marketing messages they are exposed to.

ankerson communications

GRAPHIC DESIGN



Professional graphic design for nonprofits, small businesses, and social justice organizations.

ankerson.com
info@ankerson.com
608.358.2831



Looks like it's.....



TIME 2 REMODEL, LLC

- » Kitchens, baths, additions, and basements
- » Exceptional customer service
- » Award winning designer with 25+ years of experience
- » One stop remodeling shop from concept to completion

For your free, personal consultation contact Curt at (608) 212-0633 or curt@time2remodel.com
www.time2remodel.com



Middleton Travel

When? Where? We can get you there!

When it comes to your travel plans, we're the one looking out for you.

Offering over 25 years of travel experience, we are here to help you get to where you want to be.

Let us help you plan all facets of your vacation:

- Cruises
- Tours
- Wedding-Honeymoons
- Getaways
- Groups

Start planning your next adventure today!

Call
608.831.4664 x106
or email
schampion@middletontravel.com

2831 Parmenter St., Suite 190
Middleton, WI 53562
P: 608.831.4664
TF: 800.688.8785
www.middletontravel.com



Expand your reach and Be Seen. Advertise your business in *Our Lives*. For rates and info, contact us at: OURLIVESMADISON.COM



BRAVE HEART

The Ripples Guy Paul Wesselmann shares his formula for bringing his full, best self to his life and work.

By having the courage to be yourself you put something wonderful in the world that was not there before. —Edwin Elliot

I have it on good authority that it is not polite to honk and curse at people on the road, even if they deserve it. This is especially true if you happen to drive around in a bright blue car emblazoned with yellow smiley faces. I am proud to report that my road rage has been vastly reduced since I covered my Toyota Prius with smiling faces and the phrases, “Peace Ripples, Kindness Ripples, Happiness Ripples” a few years ago. And, I am ashamed to admit that it hasn’t completely eliminated the occasional heated reaction. (I apologize sincerely to the gal on University Avenue a few months ago. You made a mistake that most certainly did not deserve THAT reaction from me.)

My BEST self knows that everyone makes mistakes, that I want people to be respectful and forgiving of me when I make mistakes, and that many of the driving behaviors that get me riled up are not egregious enough to warrant an over-the-top reaction (read: yes, Virginia, sometimes I am a drama queen). AND: when I bring my full attention and my best self to driving, I’m fully engaged in the process, less distracted, and I am able to anticipate or quickly respond to driving hazards. The problem is that my FULL self does get angry, does have control issues, and can be righteously indignant. My FULL self sometimes makes it challenging to be my BEST self. My goal has been to find the overlap of the two: how to bring the best parts of my full self into most of my days.

I work hard to channel my desire for control into managing the details of my business and in-

stead of directing my anger and righteous indignation toward insignificant challenges, I direct that passion against egregious wrongs, i.e. racism, homophobia, human rights violations. In my job as a leadership trainer, I challenge people to bring their best full selves wherever they go: to work, at school, in life. When we tap into all of who we are and combine them with our highest intentions, it is easier to engage people, to fiercely conquer problems, and to maintain a “big picture” perspective even when tempted to get sucked into minor dramas.

To some, bringing your best full self might sound exhausting or inefficient, and this is where I planned to make a case that it is completely worth any extra energy. But my perspective shifted when I posted a question on Facebook about whether you are more effective when you bring your best full self to your crazy life.

A cool gal from Nebraska named Robin wrote, “Being your FULL SELF is your natural state. To be anything less requires energy to edit out certain parts, or to pretend to have other parts that aren’t natural for you. Any energy you use to try to be something other than your FULL SELF is energy that can’t be put into work/school/life.”

Less energy, not more? Hmmm ...

Should bringing our best full self include our gayness (or bi-ness, or trans-ness, or lesbian-

ness or some other-ness)? How many times have we had the discussion about whether it is a good idea to “flaunt it,” the “it” being that part that society does not officially approve of, that others might accept but not embrace? Or perhaps we have found ourselves commenting on the choices of other people who talk about “it” more than we do: “Being gay is just one part of who I am and there is no need to discuss it at work, school, etc.”

I remember what it is like to be embarrassed by my gayness, to be ashamed that at times I sounded, acted, felt different than other guys. I remember well because it happened so many times in my childhood and sometimes even today. I am still sometimes invited to feel embarrassed or ashamed of who I am.

Last year I spoke at a high school assembly on the day before their school participated in the “National Day of Silence” which invites students and staff to remain silent during non-instructional periods to recognize that LGBT people (as well as others) are discouraged from bringing their full, best selves to school. I talked about the consequences of bullying and included my own story of being picked on in school. I stuck around to meet with some LGBT students who shared their own positive and (extremely) negative experiences in school and life. As I drove away from the school in my car-of-smiles (which I had mentioned in the speech), a car full of students heading back from their lunch break passed me and screamed, “Hey, Faggot!”

For a moment I felt an unfortunately familiar flood of fear and humiliation wash over me and I regretted having wasted my valuable time trying to reach out to high school students. Then I quickly recognized that if I did not respond, those students would be empowered to continue

bullying others. I also remembered that my Prius is a fairly nimble car. I won’t tell you how fast I drove to turn around and catch up to them as they pulled into the school parking lot, and I won’t share with you all the words that came out of my mouth. I will tell you that confronting them, and then describing the incident in detail to the school administrators were among the most empowering actions I have taken in years.

The students in the car were able to hear me describe my frustration, the other students in the school (who had given me an unexpected and overwhelming standing ovation at the end of my speech) quickly learned about the story when many of them connected with me via after school, and a few days later the administrators were able to transform the awkward and unfortunate actions of a few into a graceful and productive series of homeroom discussions about the power of our words and actions.

I can be proud that I challenged those taunts that came from others even while I recognize that my own internal obstacles still exist.

This summer I attended a same-sex wedding in rural western Wisconsin with 200 mostly heterosexual guests including 15–20 children. Toward the end of the ceremony, and again at the rehearsal dinner, I found myself nervous about how the parents might react to having their kids “exposed” to a same-sex kiss. Perhaps the grooms would avoid the tradition of kissing when guests clinked their glasses? I realized that I had never once, in all the dozens of wedding I had attended in my life, ever EVER thought about whether it was “unwholesome” to “expose” children to newlyweds’ kissing. I was relieved to discover that the grooms did not share my concern. The DJ announced the couple would only kiss when someone sang a song with the word “love” in it, and the impact was incredible: several times people stood up and belted out classic “love” songs and cheered when the grooms kissed. The love that flowed from family and friends drowned out previous fears and trepidation.

In a society that doesn’t grant us full rights and opportunities as citizens—as soldiers, as parents, as human beings—we need to be brave enough to confront injustice, strong enough to support each other, and smart enough to support ourselves when necessary.

It isn’t always easy, but there are payoffs. I consider myself very fortunate to have stumbled into a career that encourages me to bring my best full self most days. In my speeches and workshops, I frequently include at least passing reference to my gayness to remind every person I encounter that their capacity to enjoy and im-

prove the world increases when they each bring their best full self. When I bring my full self to the stage, I am more relaxed, and instead of worrying about accidentally saying the wrong thing, I can focus my attention on choosing the right anecdotes and ideas. And if a core message in most of my speeches is about being your best, full self, I can gain respect through authenticity: my words are congruent with my actions.

However, I was a bit nervous about coming out during two recent speeches. I was concerned the audience might lose respect for me and my message and instead focus/judge me solely on my gayness. Would 600 industrial factory workers run me out of their small town? Might 200 Mormon college students chase me out of their state? As it happened, my own prejudices were challenged even as I challenged theirs. On each of those two days, I was feeling particularly brave, strong, and smart, and after warming up the crowd with some funny stories and an overview of the topic, it became relevant to mention my sexual orientation.

As usual, coming out opened up possibilities. The awesome crew at a Procter & Gamble plant in rural Canada was indeed able to embrace my “flamboyant” antics and stories which helped the message stick. And it turns out that despite some differences of opinions, students at the Utah Leadership Academy could hold deep respect for a gay man who has something significant in common with them: we are sometimes judged based on one part of who we are without being given an opportunity to introduce our best full selves to others. These incredible people reminded me again that bringing my best full self invites others to do the same.

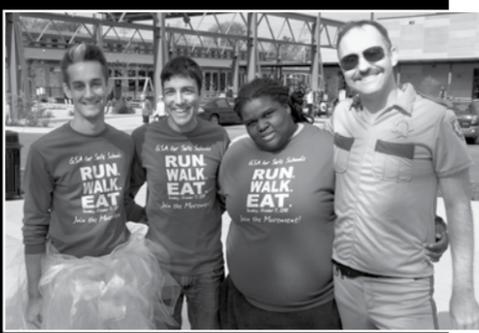
In a recent issue of “Ripples,” a brief inspirational email I send out on Monday mornings, I shared a quote written and submitted by one of our subscribers: “During the toughest of times, the best or worst can emerge from each and every one of us ... which will you choose? Be a positive influence every day!” —Mike Moribundity

Our road to full equality and inclusion in society includes countless potholes and detours and other obstacles, but I hope you remember that you too can enjoy and improve the world each time you are brave enough, strong enough, and smart enough to bring your full, best, gayest self to work, to school, to life—and on the road, too, even if you aren’t driving a bright blue, smile-covered car. As a boy named Christopher Robin once said to a bear named Winnie-the-Pooh: “You are braver than you believe, stronger than you seem, and smarter than you think.” ■

I quickly recognized that if I did not respond, those students would be empowered to continue bullying others.

Sept. 27, 2010
Dental Clinic
Grand Opening





Out Professional and Executive Network

The State of Our Workplaces

Marty Fox assesses the best and worst workplaces and shares the results of the **OPEN Workplace Survey**.

The Worst Workplace

As I write this, the Senate of the United States voted down a bill that would repeal "Don't Ask, Don't Tell" (DADT). For this reason, I would currently give the award for the worst workplace in our community to the Armed Services of the United States. Wisconsin has had a law on the books since 1987 that would prohibit firing someone because of their sexual orientation, and yet that is just what the Federal government has been doing since 1993.



Someday no employee in this community will fear for their safety because of their real or perceived sexual orientation or gender expression as 13 respondents reported.

our lives
01 Marty Fox
ourlivesmadison.com
user **mfox50**

This policy harms individual soldiers, undermines unit cohesion, and jeopardizes families who are making enormous sacrifices on behalf of the country. The waste of educating and training soldiers only to spend more money just to send them packing is an abomination.

I cannot begin to express my outrage that felons are welcomed openly, but gays and lesbians are forced to choose between telling the truth and serving their country.

I hope with all my heart that by the time you read this, the discharges will have stopped and

this policy will be on its way to extinction.

Let's turn now to workplaces that are held up as examples of ideal places of employment for LGBTQ people.

Surveying the Corporate Landscape

The Human Rights Campaign Foundation has been measuring workplace inclusion since 2002. The 2010 results released in September of 2009 were impressive, as 305 companies reached the coveted score of 100. Less than a year later, one of these companies disappointed the LGBTQ community by providing substantial funding for an anti-gay candidate in a Minnesota election and another was involved in the worst oil spill in history.

Questions remain about how to measure and rate workplace climates and corporate responsibility. Ultimately, how do we choose where to work and where to buy? How fluid do the metrics need to be? Is there an implied loyalty to the LGBTQ community? Do we incorporate a measure of overall ethics and responsibility? How do we fairly weigh the corporate performances of Target or BP? How do we as individuals and as a community understand our relationship to these corporations?

We cannot continue to study corporate diversity initiatives in a vacuum. We need to assess overall citizenship of which LGBTQ diversity is a part. What other organizations can we partner with to get a broader view? How do we respond to an ever-changing political system where corporations are now playing a bigger role?

This year's HRC Corporate Equality Index shows an unprecedented 337 major U.S. businesses earned the top rating of 100 percent, up from 305 last year. However, Target Corp. and Best Buy Co., Inc. received deductions in their scores. The Index showed no change for Wisconsin companies. For the complete report, go to HRC.org/cei2011/index.html.

And what about Madison area workplaces? How do they rank?

The OPEN Workplace Survey

The Out Professional and Executive Network (OPEN) surveyed more than 200 LGBTQ individuals in the greater Madison area to collect information on how we feel about our workplaces. This is our very first survey, designed not to measure corporate policies, but the LGBTQ experiences in the workplace.

DEMOGRAPHICS: Just less than half of the respondents were male, just less than half were female, and almost two percent were transgender. Just over half have been involved in the OPEN organization. Most respondents live and work in the greater Madison area.

About **35%** of us work for organizations that have more than 1000 employees. Another **20%** of us work for organizations with fewer than 20 people. We are owners and executives, managers, supervisors, individual contributors, and students.

RESULTS: Most respondents (**84%**) are either completely out or out to most individuals. More than half of the respondents included the name of their employer.

A number of people responded to the question, "Please share an instance where words or actions have made you feel welcomed or included at work." Here is a sampling:

- "... virtually all employees know that I am gay. It's a nozn-issue here. Like being a Lutheran."
- "It's actually the first place I've ever worked where I feel comfortable sharing and being who I really am."
- "It's no big deal."
- "I talk about my relationship as anyone else does. I'm lucky."

Indeed, there are some fabulous workplaces in our community. Places where all employees are treated equally and with respect. But there are also sadder stories lurking just beneath the surface of the OPEN survey.

THINK INK & DESIGN

Offset & Digital Printing
Professional Graphic Design Staff
Excellent Customer Service
608.251.7300
thinkinkanddesign.com
2819 Royal Avenue, Madison

Someday ...

- **LGBTQ individuals will not have to feel "lucky" when they are treated well.**
- **20% of respondents will not have witnessed or experienced bullying in the workplace.**
- **We will not see 23.5% of respondents who suspect that being out at work might have a negative impact on their job security.**

Most importantly, someday no employee in this community will fear for their safety because of their real or perceived sexual orientation or gender expression as **13** respondents reported.

We are lucky to live in this funky, fabulous community where creativity is worn proudly right along with red and white, green and gold. But we can do more to make our workplaces as attractive as the rest of our landscape.

We can become the example of how to open doors and build a creative class that drives economic success. Sometimes we don't know how to step forward and ask for what we need. It is terribly hard to do this as an individual employee, but quite possible to do this as part of an ERG or an organization like OPEN. Let's move forward together.

Send your comments and questions to Marty Fox at mfox@ourlivesmadison.com. ■

We understand that every business is unique. We'll help you find the best and most cost effective options to meet your needs. Contact us today to see how we can help you.

- Website design and hosting
- On-site personal and business computer support
- Network design and administration
- Virus and malware protection and removal
- Visit our website to see our full list of services



The Computer Place
We've got IT covered

ASSOCIATED HOUSEWRIGHTS

Remodeling & Condo Customizing

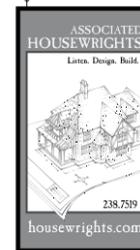


Our careful Listen, Design, Build process has produced award-winning projects and satisfied customers since 1982. We meet your project needs, honor your budget and finish your project on time.

"From planning to completion we couldn't have been more pleased."



We deliver Home Performance with ENERGY STAR.



238.7519
housewrights.com
1217 Culmen Street, Madison

Sewing the L.G.B.T. community since 1974



Cardinal

Madison's Classic Dance Bar

418 E. Wilson St. • 608.257.bird (2473)
cardinalbar.com • facebook.com/cardinal.madison

proud community member and act rider



Scott Staples




608.630.0766

21 n. butler street, madison
scott@duhair.com

BONNIE RAIMY

Wardrobe Consultant + Stylist
for Men+Women, LLC



608.203.5343
bonnieraimy.com

Getting in too deep?



Sue Gill, PhD
Licensed Psychologist

Proud member of the LGBT community

608-250-2492 • www.drsvuegill.com
6314 Odana Rd, Ste E, Madison, WI 53719

feature

Our History by Richard Wagner

Not Sicko

The diagnosis of homosexuality as an illness didn't hold up to scrutiny in post-World War II studies.



The early 20th Century was the period when the police were looking for homosexuals as criminals and the lens of police reports can be used to find evidence of gay life. Though it does not seem so today, the advance on

the criminal model of homosexuality was the medicalization of homosexuality. Allan Berube in *Coming Out Under Fire: The History of Gay Men and Women in World War Two* details how the army doctors began to deal with homosexuality as an illness. Berube shows the psychiatrists and military researchers had a wide range of attitudes toward homosexuality, and some were even sympathetic, but it was still discussed in a medical context as how to treat an "illness."

"The cases would be considered extremely questionable from the standpoint of profiting from any therapy; in fact therapy was not requested or desired by any of them."

The sicko diagnosis was not readily accepted by gay people in Madison, even when it was the predominant model. Two researchers did a homosexual study of military personnel at Truax Field, a military base during World War II. The researchers were Dr. E. L. Sevringhaus, a doctor and researcher at the University of Wisconsin, and Major John Chornyak, associated with the Army Air Force Regional Hospital at Truax Field.

Dr. Sevringhaus, a 1921 graduate of Harvard Medical School, was a campus professor and specialist in endocrinology and metabolic diseases. He also assisted the United Nations Relief and Rehabilitation Administration in post-war Italy. Major Chornyak was from the Pittsburgh area and was here only during the war.

The study published in *Psychosomatic Medicine* in September 1945 included 21 homosexual male patients and another control group of seven men "with no reason to suspect homosexual behavior in the group of controls." All were from

"the same psychiatric ward ..." presumably at Wisconsin General Hospital on campus.

The method of study was to do bioassays on urine samples collected three times in a 24-hour period. The researchers were looking for an endocrine disturbance. The assumption was, "it seems worthwhile to attempt to devise methods for studying this type of psychosomatic disorder rather than to assume that it is merely a perversion of mental or emotional status which is not amenable to the methods of chemical and physiological investigation."

From the study the authors concluded, "It is obvious that our data do not lead to any explanation of homosexual behavior but they do add to the conviction that there is an endocrine disturbance accompanying such behavior." The authors noted that of the homosexuals only six "had any physical suggestion of partial feminine type or of adipose-genital dystrophy. None of them was truly feminine or infantile."

What is interesting about the study is not the inconclusive science but what it reveals about gay people of the period here in Madison. As soldiers, the men were a young cohort with an average age of 23 in a range from 19 to 31. The authors noted them as "overt homosexuals." They further noted, "Our subjects were all definitely aggressive in their homosexual activities ..."

"During the psychiatric study, they were asked to write their own stories concerning their sexual habits. All these cases were extreme types and had been aggressively homosexual both actively and passively since late childhood and early adolescence." No innocents here.

In another aside the authors noted, "They had participated apparently without conflict in a wide variety of homosexual practices. These homosexual stories were remarkably similar."

The men "voluntarily brought their homosexuality to the attention of the Chaplain, Unit Commander or Medical Officer. They all expressed difficulty over their sexual excitation because of the stimulation that resulted from their living closely with other soldiers." So many gays-in-the-military arguments are foreshadowed here.

Yet these guys knew who they were, were comfortable with it, and realized the situation that they were in. The authors noted, "In none of these cases was there a true neurotic type of conflict over homosexuality as such. They expressed a realistic anxiety that their homosexuality would lead to court martial."

They apparently did not accept the sickness diagnosis of homosexuality. The authors concluded, "The cases would be considered extremely questionable from the standpoint of profiting from any therapy; in fact therapy was not requested or desired by any of them."

And a key description about the positive outlook was, "Four were known to be members of an organized group."

This insight from 1945 is followed by another study presented Oct. 9, 1948, before the Midwestern Association of College Psychiatrists and Clinical Psychologists and printed in May 1951 in *The Journal of Nervous and Mental Disease* titled "Homosexuality Among University Students." (In this case, all the students were from UW-Madison.) The article was later included in *The Homosexuals: As Seen by Themselves and Thirty Authorities* published in 1954. The author was another M.D.: Benjamin H. Glover associated initially with the University of Wisconsin Student Health Department and later the School of Medicine.

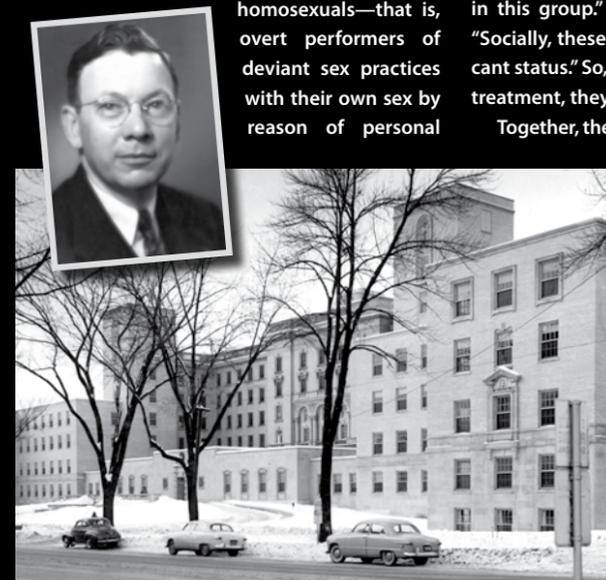
Dr. Glover begins by observing that, "Since the war there has been a noticeable increase in cases of homosexuality as well as other socially offending sex cases among the general type of psychiatric problems seen in the University of Wisconsin Student Health Department." Thus he places his study in the post-war medical context.

Dr. Glover stated, "Fear, of course, is the basic mechanism which drives patients to doctors. In the case of these individuals, who are usually first seen in a homosexual panic, there is intense fear of being caught, of being noticeably different ..."

It was believed that the student health service could present itself as a "non-judicial psychiatric staff" so that homosexuals could safely present themselves. Nevertheless it was noted patients would make cautious inquiries as to confidentiality and any connections to disciplinary bodies.

This caution extended so deep that "Little was accomplished during the first two or three interviews except for inaccurate, frequently contradictory records, which were corrected through several future visits, changing 'no affairs' to 'a few childhood experiences' to 'innumerable nights of intimacy'..."

From 52 cases seen in a year of assorted "sexual deviations," the study selected 12 "as true homosexuals—that is, overt performers of deviant sex practices with their own sex by reason of personal



Dr. E. L. Sevringhaus in 1942. Courtesy of UW Madison University Archives S04383. Wisconsin General Hospital in 1950. Courtesy of UW Madison University Archives S04384.

choice, without coercion, with enjoyment—who frequently sought the haunts and company and engaged in the activities of other homosexuals." Again ages ranged from 19 to 31 with one exception at 42. Six were veterans. The study acknowledged there were "a large number of well-known homosexuals on campus."

The author noted of the selected 12 cases, "All, however, noticed they were different from others of their age group in childhood, and definitely in a different social category after puberty." And further, "Organized sports were untouched by this group, rarely even as spectators."

The Capitol Square was listed as a favorite place for pickups along with taverns and bars. "Acquaintance through usual social channels is more difficult except on the group frequenting musical and dramatic performances." Tchaikovsky was observed as a special favorite, perhaps even then known as a family member.

Dr. Glover was not at all fully accepting of homosexuals as he talked about the "evidence of the basic medical differences between homosexuals and normal individuals." And further, he noted "a large schizoid element in their personality." Though this was after observing their not-irrational fear of being caught.

The student health service offered direct psychotherapy as a means to a cure. Though Dr. Glover did note some research that showed "male homosexuals do not want to change except for the fear of social penalty," he nevertheless had an extensive change therapy described in detail as a "long-term therapy plan."

Yet, of his sample of 12, only one made "significant improvement during one year of this type of psychotherapy." The rest stayed true homosexuals rather than succumbing to the "cure."

The failure to convert sexual orientation resulted in "no scholastic or psychiatric casualties in this group." And early on the study noted, "Socially, these patients attained a fairly significant status." So, resisting the prescribed medical treatment, they continued to lead their lives.

Together, the studies from the late 1940s show that in post-World War II Madison there were lively gay social circles, and some gay folks in Madison led such determined lives and so presented themselves that they rejected the notion that homosexuals were sick and likely subjects for treatment or cure. ■

Dick Wagner (rrdickwagner@gmail.com), openly gay former Dane County Board Chair and co-chair of Governor Earl's Commission on Lesbian and Gay Issues, is now working on gay Wisconsin history and welcomes topics and sources.

Drawing a Wider Circle of Inclusion

We are a fully inclusive spiritual community joining together to help realize a more loving and just world.



203 Wisconsin Avenue | Madison, WI 53703
608-256-9061 | www.fumc.org

Your Home Repair Specialists.

- Drywall & Carpentry
- Storage/Shelving
- Honey-Do Lists
- Flooring & Painting
- Your Complete To-Do List Done

Licensed, Bonded & Insured
Background Checked Craftsmen
\$50 Off Any Job Over \$250. Call for details.



608-213-3108
HandymanMatters.com
License #: 1127164

Innovative Independent Banking



One of the first Eco-Intelligent banks in the U.S., we lead the way in green practices. Get responsible banking and friendly, personalized service at each of our four locations.




home-savings.com
282.6000

Warm is the
new cool



icebreaker

rutabaga.com THE PADDLESPOUT SHOP
220 WEST BROADWAY, MONONA, WI. 53716 608-223-9300
Mon - Fri 10am-6pm Saturday 10am-5pm Sunday 12pm-5pm

Representing the LGBT community with
diligence, excellence and respect for 13 years.



Attorney

Christopher Krimmer

Domestic Partnership Consultations
Estate Planning • Child Custody and Visitation
Cohabitation Agreements • Guardianships
Probate • Mediation Services • Bankruptcy

- Adjunct Professor of Law at Marquette (Sexual Orientation and the Law)
- Rising Star distinction (2006, 2007)
- * AIDS Network, Volunteer Attorney of the Year (2005, 2007 & 2009)
- * Authored published articles on LGBT legal issues

**BALISLE &
ROBERSON, S.C.**

131 West Wilson St., Madison, WI 53703
608-259-8702 b-rlaw.com

quality of life

Mario White

Assistant State Public Defender,
Wisconsin State Public Defender's Office

Years in the Industry: 2

Years in Madison: 5

What community organizations are you involved with?

U.W. Law School Mock Trial Program, StageQ, OPEN

Stylist Bonnie Raimy on Dressing Mario:

Mario spends many of his days preserving the rights of Wisconsin citizens as the Assistant State Public Defender for the Wisconsin State Public Defender's office, and dressing conservative is par for the course. However, conservative does not have to mean boring, and with boutiques like Atticus, Shoo, and Ulla Eyewear here in Madison, finding the right blend of style, taste, and professionalism couldn't be easier.

For winter, think about investing in a few new, high quality pieces that will be interchangeable with one another, as well as transition from office to happy hour. Being able to mix and match your garments will save money in the long run and also save you from wearing the same outfit week after week. Also, think about your shoes and eye-wear as key components to your style. If it's been awhile since you've had an eye exam, make an appointment and take your prescription to Ulla. Let the professionals fit your face with the perfect frame.

The right shoe can make an outfit, and if you're on your feet all day, a good shoe is worth the investment. Shoo caters to both men and women, and the styles are both unique and versatile. Just a stones throw from Atticus, make sure to stop in and say, "hello." The staff would love to meet you.

ATTICUS

18 N. Carroll St., Madison, WI 53703, 608.204.9001

Rag & Bone cords, vintage navy, Retail \$195

Nau People's chino, Retail \$110

Rag & Bone wyatt vest, Retail \$230

Rag & Bone shawl sweatshirt, ash, Retail \$150

Relwen thermal crew, green, Retail \$118

Raleigh denim, Lincoln, raw, Retail \$281

Rag & Bone henley, Retail \$140

Nau free range striped shirt, Retail \$115

Trovata Santorini, shirt, red plaid, Retail \$145

SHOO

109 State St., Madison, WI 53703, 608.467.6325

Hudson, Alaska, Retail \$299

Roan, Capricorn, Retail \$189

J. Shoes, Peter, Retail \$159

ULLA EYEWEAR

702 N. Hilldale Blvd., Madison WI, 53705, 608.231.3937

Stark, P0726, Retail \$679.95

Kirk Original, Sir Reginal, Retail \$369.95

Kirk Original, Otis, Retail \$399.95



OUR APPAREL



Advertise your business to our readers at: OURLIVESMADISON.COM

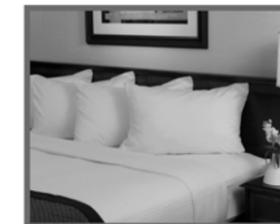
Subscribe for free at: OURLIVESMADISON.COM

THE HEART OF MADISON

From the top, here's

A

look at why we have been named Best Hotel*.
Because we're just steps from the Capitol, State
Street, Overture Center, University of Wisconsin,



the Monona Terrace Convention Center,
lakes and parks, our location
puts you right in the heart of the

COMMUNITY

we hold so dear.

Our 356 guest rooms featuring
Comfort Collection™ bedding, award-winning
restaurant and new bar, 27,000 square feet of
updated meeting space, new guest rooms in our
exclusive Governor's Club, complimentary
airport shuttle, wireless Internet and renowned
service all help to make us number one.

Still, we're not one to rest on our laurels.

The key to being on top is knowing
there's always room to improve. The bottom
line is that whatever keeps making us

FIRST

you can expect it to last.

*"Best Hotel"-Madison Magazine 2010 Reader Poll
*Best Hotel"-Madison.com 2010 Star of Madison Awards

1 West Dayton Street
Downtown Madison

THE
**MADISON
CONCOURSE
HOTEL**
AND GOVERNOR'S CLUB

800 356 8293
concoursehotel.com

Puzzled about the perfect gift?
These puzzles entertain dogs and their people.

Full catalog online at baddogfrida.com
2094 atwood avenue • 608.442.6868
REALLY COOL THINGS FOR GOOD DOGS AND THEIR PEOPLE

Relationship Red Flags

Are you and your beloved finding that it's harder and harder to feel good about your relationship? **Dr. Sue Gill** shares some frank advice for couples wanting to stay happily and healthily together.

ah, to be newly in love. We celebrate one another's quirks, overlook minor differences, and try new activities we may have otherwise never done.

How is it that most relationships start out this way, but so many end up with each person complaining about many of the very traits that were originally cute quirks? How do couples end up in my office one or five or ten years into their relationship filled with hurt, anger, resentment, and disappointment about the person they originally loved so deeply?

For those who are dating or want to be dating, some of the following red flags may be

be addressed individually before the relationship can move forward.

I firmly believe that a foundation for any good relationship includes an absolute contract for ongoing individual self-improvement on the part of both people. Adequate mental health, maintaining physical health issues that can be controlled, managing individual addictions, dealing with things from the past that haunt you, and improving individual maturity are all foundational for any healthy relationship. Are you addressing these issues in your own life? It is important to do so, both for your own fulfillment and so that you can be the best possible participant in the relationships in your life.

If the above issues are reasonably controlled, it is useful to look for relationship-based factors that indicate "red flags." John Gottman specializes in doing research about relationships. In *The Seven Principles for Making Marriage Work* (sorry for the heterosexual bias, but it's still a great book) Gottman describes the "Four Horsemen of the Apocalypse," styles of interacting that can quickly poison a relationship. These include criticism, defensiveness, contempt, and stonewalling.

Let's look at each of these to see how they can negatively influence a relationship.

Criticism. Complaining is actually okay, but criticism is not. The difference is that complaints are specific and criticism is global. "Why didn't you pick up your socks like you said you would?" (An okay complaint.) vs. "Why don't you ever do what you say you will do? What is wrong with you?" (Not okay: criticism.)

Defensiveness. It's so important to take responsibility for your part of any problems in the relationship and be willing to be influenced by your partner. Defensiveness just doesn't work. Note that I am not saying you should allow yourself to be abused. I am saying that it's important to acknowledge your own contributions to conflict in the relationship.

Contempt. Sarcasm and cynicism fall into this category, as do sneering, disgust, belligerence, mockery, eye rolling, hostile humor, condescension, and demeaning behavior. This stuff is highly lethal to a relationship, so if you

note it in your partner or detect it in yourself toward your partner you had better get help fast! To banish contempt from your relationship, Gottman stresses the need to "build a culture of appreciation."

"He's such a lousy cook" vs "Thanks so much for all the effort that went into this!" It's important to learn the skill of resolving differences early so that those differences don't brew contempt, and for both to look for opportunities to soften your interactions and reconcile differences respectfully.

Stonewalling. Tuning out. Unresponsiveness. Avoidance. Disengaging. These are techniques we use in relationships to avoid feeling emotionally flooded by the barrage of strong emotions that may be coming our way. If stonewalling is present, it's important to figure out more productive ways to regulate the emotions of the moment because a successful conversation can't happen when someone is in this state.

Stonewalling can be present for several reasons, so it is a bit complicated. For example, a person may check out if there is a history of their partner getting very angry, or talking with a lot of criticism or contempt. Or a person may disengage in the face of perceived conflict if they have their own unresolved issues relating to past abuse or other childhood/family dynamics. Whatever the cause, a person

is likely to disengage during a conversation if they are feeling too emotionally or physiologically activated. Or if they sense that the conversation is going in a direction that will lead to over-activation. Although this is an understandable response that ultimately comes from our primitive fight/flight/freeze/collapse system, it is not helpful when interacting in close relationships unless the other person is a true threat. If stonewalling is a part of your relationship pattern, look carefully for alternate ways to regulate your inner state and for ways to manage the level of emotion that is in the room during conversations with your partner.

If any of these are part of your relationship, take note. They're indicators of significant problems not likely to go away on their own.

Success in relationships requires a foundation of health where both people address the individual issues that are necessary for participating in a relationship. It also requires banishing the "Four Horsemen of the Apocalypse." My next article will examine ways to build on this foundation so that your relationship can become vibrant, uplifting, and long lasting! ■

Sue and her partner Sheri have lived in Madison since 2000. They keep busy with their two dogs, Frankie and Maslow. Sue is a psychologist in private practice and can be found online at www.madisontherapy.com.

David Lacocque, Psy.D.

Licensed Psychologist



Psychotherapy with Respect and Expertise

Increase joy and confidence

Reduce anxiety and depression

Boost creativity and mental flexibility

Strengthen friendships and intimate relationships

Free initial phone consultation

www.drlacocque.com
(608) 358-6868

702 N. Blackhawk Avenue Free Parking



Jimmy G. Owen, M.S.

Licensed Professional Counselor
(608) 213-7583 • jimmyowen.com

6314 Odana Rd, Ste E + 520 University Ave, Ste 250

STARK
COMPANY REALTORS®
A family tradition since 1908

Susan Oshman & Jessica Riphenburg

Teamed Up To Better Serve You!



Susan Oshman

Jessica Riphenburg

Susan: 608-206-1440

soshman@starkhomes.com

Jessica: 608-381-0114

jriphenburg@starkhomes.com

really important to note as you move forward. If you are already in a committed relationship, look for these traits in your relationship. If you see any, it may be useful to talk about this with your partner. If left unattended, these could erode the foundation of your future together.

Note: If your relationship involves very serious problems such as physical battery, emotional or sexual abuse, addiction, or untreated mental illness, you need help right away. Please call a professional, as these issues must



Have Our Lives mailed directly to you. **Subscribe at: OURLIVESMADISON.COM**

WAKE UP WITH THE MIC!

STEPHANIE MILLER 8 - 11

THEMIC921.COM

BILL PRESS 5 - 8

A team of experienced lawyers committed to the rights of the **LGBT Community.**



**BALISLE &
ROBERSON, S.C.**

- Wills
- Power of Attorneys
- Partnership Agreements
- Guardianships
- Adoption
- Child Custody Disputes
- Non-traditional Families
- Mediation

131 West Wilson St., Madison, WI 53703
608-259-8702 b-rlaw.com

quality of life

OUR RIGHTS

Betrayal Within Our Ranks

Tamara Packard puts out a plea to support gay and lesbian families, even when the adults end their relationship, to uphold the best interest of their children and our community. This doesn't always happen.

Efforts for legal recognition of our families continue to move forward, albeit in fits and starts. We have come to expect opposition from the rightwing religious conservatives, and we are unlikely to persuade them to drop their efforts. Unfortunately, however, sometimes we find our foes in unlikely places: members of our own community, even our own family. This column is a call to consider the ethics of using discriminatory laws to defeat legal recognition of our families. Put simply: don't do it.



If we as a community expect society to recognize our families on equal footing with other families, individuals within our community must not use discriminatory laws to achieve ends that they desire, even if they can.



In 2002, after being together for seven years, Wendy and Liz decided to add a child to their family. They added a second child two years later. Because Wisconsin law prevented Wendy and Liz from jointly adopting their daughters (because they were not married to one another), they agreed that Liz would be the adoptive parent: Liz had a good job with good health insurance. They also agreed that Wendy would stay at home with the children. This summer, in denying a petition by Wendy

to be named a legal guardian of the two girls, the Wisconsin Court of Appeals told Wendy that she is not a "parent" in the eyes of the law. Instead, she is a legal stranger to the daughters she has been raising all these years.

While the outcome of this case is tragic, it is not surprising given the existing legal standards. What is even more tragic, and baffling, is that it could have been prevented if Liz, the adoptive parent, had chosen to honor the family she chose to form with Wendy and reject the opportunity to use discriminatory laws to defeat the legal recognition of that family.

The Court of Appeals determined Wendy's relationship with the girls not because the Alliance Defense Fund came to court to challenge it, but because after 13 years together, including nearly five years as a family of four, Wendy and Liz broke up. Seeking some form of legal relationship with the children, Wendy filed petitions for guardianship in court. With a guardianship, Wendy would have the legal ability to participate alongside Liz in important matters involving the children: take them to the doctor, communicate with their teachers, etc. At first, as the legally recognized parent, Liz consented to the petitions. However, after what the court refers to only as "an incident that occurred while the children were under Wendy's care," Liz withdrew her consent to Wendy's effort to have a legal relationship with their children. Because Wendy could not prove that Liz was an unfit parent, unable to care for the girls, or some other compelling circumstance negatively affecting the children's wellbeing, the court denied Wendy's petition.

Had Wendy and Liz been in a marriage recognized by Wisconsin law, they could have jointly adopted their children and their break-up would not have affected either of their legal relationships with the children: they both would have been legally recognized as parents. Our discriminatory laws preventing such a marriage, and limiting joint adoptions to married couples, denied Wendy and Liz's daughters the benefit of two legal parents. Had Liz not objected to Wendy's guardianship petitions, the girls would have at least had a second adult who could consent

to medical treatment for them. That would be particularly important if Liz were unavailable for any reason. Liz's decision to use the discriminatory laws to block Wendy's efforts at guardianship has now denied the girls even that small security.

It is true, we do not know what "incident" inspired Liz to withdraw her consent to Wendy's petitions. But unless it was the kind of extreme and deliberate act of abuse that would allow a court to terminate parental rights over the objection of the parent, it was not ethical for Liz to prevent a legal relationship between Wendy and their daughters. By all reports, both Wendy and Liz are good people and good parents. The girls should not lack legal relationship with Wendy, one of their parents, simply because their family was formed in the context of a same-sex relationship and the law allows discriminatory treatment of that family.

If we as a community expect society to recognize our families on equal footing with other families, individuals within our community must not use discriminatory laws to achieve ends that they desire, even if they can. When a same-sex couple chooses to add one or more children to their family, the parents each take on responsibilities to those children that go beyond bare legal requirements. Couples need to recognize that, and commit to one another and their children that they will take all reasonable measures to strengthen their chosen family and do nothing to defeat it even if the adults break up. As friends of such families, we need to help them stay strong and healthy. If the adults choose to sever their relationship, we must encourage them to voluntarily refrain from using discriminatory laws against their own family.

And as a final note to my fellow attorneys: we, too, can choose to abide by a community-centered ethic. While we have the ability to use whatever legal means are available to achieve our clients' objectives, it does not mean we have to. If a client wants you to use a discriminatory law to deny a legal relationship between a co-parent and a child, tell them that you support gay and lesbian families, and will not use the laws to harm them. Encourage them to collaboratively resolve break-ups in ways that best protect the children they chose to make part of their family. ■

Tamara Packard is a Madison civil rights lawyer, activist and partner in the law firm of Cullen Weston Pines & Bach LLP, www.cwpb.com.



Ameriprise Financial helps you stay true to your dreams.

Ameriprise Financial has been a leader in financial planning for the gay and lesbian community for decades.

As an Ameriprise financial advisor, I can help you plan to achieve your most important goals including starting your own business, adopting or just retiring in comfort. I can also help you plan to meet your immediate needs with investment advice, estate planning strategies and financial planning with your partner.

Simply put, we believe in your dreams. I can help you plan to make them happen.

To start a conversation call (608) 663-7526 today.



Shannon M. Anderson
Associate Financial Advisor

2912 Marketplace Drive, Suite 100
Madison, WI 53719
(608) 663-7526 | Toll Free: 1 (877) 839-7788
shannon.m.anderson@ampf.com
ameripriseadvisors.com shannon.m.anderson

Shannon is an employee of an Ameriprise Financial franchise. Financial planning services and investments available through Ameriprise Financial Services, Inc., Member FINRA and SIPC. Ameriprise Financial cannot guarantee future financial results. © 2009 Ameriprise Financial, Inc. All rights reserved.



Proudly serving your legal representation and advice needs since 1995.

Wills & Partnership Planning
Traffic and Criminal
Civil Litigation
Special Education
Landlord-Tenant
Estates and Probate
Construction Liens
Corporations and LLC's
Real Estate Transactions
Small Business



MEMBER:
The Business Alliance (Greater Madison's LGBT Chamber of Commerce) & US Referral Network

(608) 288-7859
smickels2@mailbag.com

2817 Fish Hatchery Road • Madison, WI • 53713
P.O. Box 259125 • Madison, WI • 53725-9125

Make your dream home a reality.

Featured May/June 08



Mike Fumelle
4402 East Towne Blvd.
(608) 259-4263
michael.fumelle@associatedbank.com
associatedbank.com

To find out how you can get into the home of your dreams, call Mike today.

- Buyers Edge® – first time homebuyers program
- Conventional, FHA and VA financing
- New construction loans
- Refinancing
- Jumbo financing

Associated Bank provides statewide support to the community.



Subject to credit approval. Equal Housing Lender.
Member FDIC and Associated Banc-Corp (6/08) 3837

associatedbank.com

GREENBUSH BAR

914 Regent St.,
Madison

608-257-2874

BUYING
FRESH

BUYING
LOCAL



Sicilian Cuisine in the Heart of Madison's
Old Greenbush Neighborhood

save the date

The New Harvest Foundation's
27th Annual Dinner Dance
Saturday, March 5, 2011
Edgewater Hotel, Madison

Email nhf@chorus.net or
call 608-256-4204 for info or
to be a table captain.

Cocktails † Conversation † Silent auction † Dinner † Entertainment † Dancing



quality of life



Location, Location, Location

Marcelle Richards on Greenbush Bar, where Madison's Little Italy lives on.

Greenbush Bar

914 Regent St., Madison, WI
(608) 257-2874

Chef/Owner: Anna Alberici

Hours: 4:30–11:00 p.m.
Sun.–Thurs., 4:30–midnight
Fri.–Sat.

Greenbush Bar owner Anna Alberici is a traditionalist. On the job, she serves up Italian-American fare inspired by her Sicilian mother, concocted from farm-fresh local ingredients. Off the job, she perfects her Texas-style BBQ and smoked pastrami and grows tomatoes for the restaurant.

In a culinary landscape that welcomes trends like bacon in the desserts and science lab equipment in the kitchen, there are those, like Anna Alberici, who “don’t do the next thing.”

And that’s a good thing; it keeps tradition alive.

“I just stick to what I do best, what I like best. I don’t go home and experiment with all this new cuisine or the new fusion, I’m just not really interested in that,” she said. “I just like traditional, simple food.”

Believe it or not, Alberici tried to not be in the food industry, working office jobs and such, but the busybody inside eventually led her to follow the footsteps of her mother, who cooked at home and in restaurants.

At Greenbush Bar, Alberici and her partner of 17 years run a two-woman show: the back of the house and front of the house, respectively. Alberici makes pizza, pasta, and small plates that are pretty damn close to how mom used to make them, with maybe a few more lesbians in the mix.

To advertise, contact us at: OURLIVESMADISON.COM

OUR PLATES



“It’s gay friendly and we try to put that out there. I would love to have opened a place that said, ‘we’re going to be a lesbian bar’ but we have to make a living and you can’t just restrict yourself in a city the size of Madison to be a gay bar,” she said, adding that while the long days in the kitchen limits their nights out, they try to stay involved by donating to Fair Wisconsin and AIDS Network.

Alberici owned The Wild Iris several years ago, but when the lower level space of the Italian Workman’s Club went up for rent, she couldn’t say no.

As a kid, Alberici and her family used to come to the space for holiday parties and social events before it was Greenbush Bar.

She was 10 years old when the Greenbush neighborhood was condemned in 1960, “but it was 10 pretty darn neat years because it was like little Italy here,” she said. “There were all kinds of little grocery stores and everybody knew everybody and my family all grew up in the neighborhood so that’s what attracted me to go back to my roots.”

Alberici explained her experience of the condemnation of the Greenbush neighborhood: “In 1960, the city decided it was time for urban renewal and they just condemned the Greenbush neighborhood to get rid of everybody—Italians and Jews and Germans and African-Americans. A lot of people suffered because of it.” She considers Greenbush Bar part of a last stakeout of the old neighborhood, along with the active club upstairs.

Some say location is everything, and for Alberici, it’s easy to see how that could be true. It’s easy to see how tradition matters, plain and simple. ■

Photographed by Melody Hanson

To subscribe, sign up at: OURLIVESMADISON.COM

The Sow's Ear



Cafe/Bakery
Fresh, Daily Lunch
Menu Items

Coffee
Fair Trade Ancora
Coffee Bar

Smoothies
Fresh Fruit, Chocolate
and Espresso

Knitting
Yarns, Accessories
and Classes

We use local produce and cheese

608-848-2755 125 S. Main Street, Verona, WI knitandsip.com

LOCAL INGREDIENTS • GLUTEN FREE
CATERING AVAILABLE

ITALIAN • MEDITERRANEAN

BUNKY'S

CAFE

VISIT OUR NEW LOCATION:
2425 ATWOOD AVE, MADISON

OPEN:

TUESDAY-
THURSDAY
11-2, 5-9

FRIDAY
11-2, 5-10

SATURDAY
11-10

SUNDAY
5-9

MONDAY
CLOSED

204-7004
BUNKYSCAFE.NET

Darling Lakeside Dining



Wisconsin Avenue @ Langdon Street
608.661.6582 • theedgewater.com

FREE INDOOR PARKING



Today I try to be just one thing—me. I am alive, and like all living beings, I want to be happy.



The Sum of All Things

Toral Jha shares a part of her life journey and how she found joy in embracing the full scope of who she is.

American. Indian. Daughter. Mother. Sister. Friend. Partner. Activist. Professional. Homemaker. Lesbian. Straight. Leader. Educator.

I have never fit in any one world. And I have learned that I never will. Instead, I am learning that I am all of these things ... and so much more. To some, they seem mutually exclusive. But I have decided to stop fighting with who I am and instead embrace the fluid, dynamic nature of me.

Since I was young, I have operated in several worlds. As the daughter of immigrants, I was constantly judged by how well my behavior and actions matched the set of values my parents had brought with them from India. As a young girl growing up in suburbia, I was judged by friends and neighbors by how well I assimilated as an American. Always seen as not quite enough to either group, I navigated through these worlds by learning to operate in what felt like two distinct ways of being.

The theme of operating in two worlds has presented itself throughout my life—I was either Lesbian or Straight. I was either Homemaker or Professional ... Femme or Butch ... Daughter or Mother. I was either ... and it went on. In each situation I would assume that I had to learn two separate sets of rules. But I quickly found myself frustrated and sad that I could never completely embrace the full scope of “Toral” in any given situation. And what made things worse, was that I never seemed to be enough of anything for the people with whom I was interacting. I seemed to fall short of their expectation of what it meant to be me in any of those worlds.

And then, four years ago, I found myself paralyzed. I didn’t know who I was anymore, what I was doing or why I was doing it. I started making destructive decisions and quickly found myself in a spiral of sadness and chaos. I started exploring what was happening to me and ultimately found refuge in a small meditation class on the west side of town.

It was through this class and through my open-hearted discussions with close friends and family that I realized I was not the only person who felt

like they were compromising critical parts of themselves. I was not the only person who felt like no matter what they did they didn’t belong in any one place. **And suddenly I realized that while my loneliness and sadness was uniquely my own, I was not alone.**

Through my meditation practice, through therapy, and through a lot of trial and error in finding new ways of orienting to my sense of self, I have learned that I can no longer perceive my universe as divided into separate worlds. I also learned that I can no longer work to satisfy the amorphous expectations of the people with whom I interact. Today I try to be just one thing—me. I am alive, and like all living beings, I want to be happy.

I do the daily work of accepting who I am in each moment and make decisions that are wisest and kindest for me and those who are counting on me to make those decisions. With each breath and with each interaction, I work to be present with what is happening for me right now.

In the words of James Baraz, “When we are not attached to who we think we are, life can move through us, playing us like an instrument. Understanding how everything is in continual transformation, we release our futile attempts to control circumstances. When we live in this easy connection with life, we live in joy.”

One of the greatest gifts of this journey is an increased sense of inclusion from family and friends. They have said that they support my choices because they see that I am working to live with honesty and integrity. Even if they don’t like or understand my choices, they respect and support me unconditionally. This brings me so much joy.

The details of my life today are so very different from what they were even one year ago. I have been through many difficult and painful changes and transitions in that time. And yet I feel ease about the journey ahead because of the joy that has already come from truly embracing the dynamic nature of who I am: the sum of all things. ■

Kathleen A. Kelly, D.D.S.

Serving the dental needs of our community for over 30 years.
44 E. Mifflin, Suite 2004, Madison, WI 53703

Now offering crowns completed in only one appointment! Another big reason to **SMILE** downtown.



Please give us a call at (608) 256-0499 or visit us online at www.kathleenakellydds.com





willy street co-op
a natural foods cooperative since 1974






Willy West: 6825 University Ave., Middleton • (608) 284-7800 | open 7:30am–9:30pm daily

Willy East: 1221 Williamson St., Madison • (608) 251-6776 | www.willystreet.coop

What is “Willy West”?

Willy West is the westside store of Willy Street Co-op, a grocery cooperative specializing in locally produced, natural and organic foods.

The new store is scheduled to open during the week of November 8th. Here are just a few things the store will have:

- a salad bar and made-from-scratch deli food
- natural bodycare products
- a produce department full of organic and local fruits & vegetables
- a full-service meat counter with organic & grass-fed meat
- special-diet bakery
- cooking classes
- wines and locally brewed beers

We hope you will join us and become an Owner. (And thanks if you already are!) See details at willystreet.coop, or stop in Willy West when we open.




SMART DENTAL



Smart Dental understands the **ELEMENTS** of the perfect smile.



A healthy smile is the foundation for all of our patients.



The educated patient is the empowered patient.



You are unique and your smile is no exception.



You deserve the confidence and beauty of a natural smile.

Mention this ad to receive a \$100 credit* towards any elective esthetic dental work!

Offer expires December 10, 2010



Tamim Sifri, DDS

608-241-8782

www.SmartDentalMadison.com

2317 International Ln Suite 101 Madison WI 53704

*\$100 credit made available after initial examination, necessary dental x-rays and professional cleaning. Credit may not be applied to treatment that would otherwise be covered by dental insurance and has no cash value. May not be combined with other offers. One per patient. All dental work is at the discretion of Dr. Sifri and credit is only for procedures that can be provided at Smart Dental.